

# Centre for Autism and Theology

## *Resourcing Christian Communities*

### Webinar: Mental Health and Neurodiversity Panel



**When:** 5<sup>th</sup> December, 4:30-6pm (GMT)

**What:** This webinar explores the topic of mental health and neurodiversity. The three panellists will discuss their respective research projects on autism, dyslexia, and OCD. They will cover topics such as anxiety, concept of self, and alternative approaches to mindfulness. This will be followed by a Q&A.

Dr Henna Cundill is a researcher at the university of Aberdeen. Her doctoral research explored autism, anxiety and prayer. She currently researches ADHD and Christian practices.

Zoe Strong is a PhD candidate at the University of Aberdeen researching dyslexia and engaging with the Bible. She is also a host on the Autism and Theology Podcast.

Paula Duncan is a PhD candidate at the University of Aberdeen researching OCD. She is also a supporter of the charity OCD-UK.

[Click here to register.](#)