

DEGREE OF BACHELOR OF SCIENCE IN APPLIED SPORTS SCIENCE (04C60570)

DESIGNATED DEGREE OF BACHELOR OF SCIENCE IN APPLIED SPORTS SCIENCE (04C60589)

Students must also comply with the University General Regulations and the Supplementary Regulations for the Degree of Bachelor of Science

All the courses listed below are prescribed for this degree

**This programme has been withdrawn
The last intake to this programme was in September 2023**

PROGRAMME YEAR 2 – 120 Credit Points					
Term 1			Term 2		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
BI 20B2	Physiology of Human Cells	15	BI 25B2	Physiology of Human Organ Systems	15
SR 2002	The Science of Sports Performance	15	SM 2501	Research Skills for Medical Sciences	15
SR 2003	Principles of Strength and Conditioning	15	SR 2501	Exercise and Health	15
			BI 25M7	Energy for Life	15
Plus 15 credit points from courses of choice					

PROGRAMME YEAR 3 – 120 Credit Points JUNIOR HONOURS					
Term 1			Term 2		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
PY 3002	Integrative Physiology	30	SR 3509	Applied Practice in Sport II	30
SR 3009	Applied Practice in Sport I	15	Plus one of:		
SR 3301	Sports Psychology	15	SR 3506	Biochemistry and Nutrition of Exercise	30
			SR 3511	Nutrition, Health and Exercise	30

PROGRAMME YEAR 4 – 120 Credit Points SENIOR HONOURS					
Term 1			Term 2		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
SR 4021	Research Topics in Sport and Exercise Science	30	SM 4501	Medical Sciences Honours Research Project	60
SR 4008	Nutrition, Obesity and Metabolic Health	15	SM 4901	Medical Sciences Data Analysis Paper	0
Plus one of:			SM 4902	Medical Sciences General Essay Paper	0
SR 4301	Exercise Physiology	15			
BM 4301	The Science of Ageing – From Cradle to Grave	15			

Notes	
1.	Programme may only be taken by full-time study.
2.	Honours candidates are required to take both a two hour general examination (SM 4901) and a three hour problem solving examination (SM 4902) at the end of the Final Honours Year.
3.	For Honours students the examinations for courses taken in the Final Honours Year will be held at the end of the session.
4.	Designated Programme: See Supplementary Regulation 1.