“How do I add a title page to my Word document?”

When you preparing to submit a Word document like a dissertation or thesis for assessment, you may need to add a title page or front cover containing summary information.

If you have already started writing your document, the easiest way to do this is to press Ctrl + Home to get to the top of the first page, then press Ctrl + Enter to insert a page break. A new, blank page will appear at the start of your document, ready for you to add content.

Wait! Before you start…

The process for adding a title page is slightly more complex when your document contains page numbers. You will need to decide if you want your title page to have a page number or not.

− **Note:** If you have not done so already, your first step is to add page numbers to your document as described in our guide: "How do I add page numbers in Word?"

**Option 1 - Yes, I’m happy for my title page to have a page number**

− If your document contains page numbers, Word will automatically add a number to your new title page. This is because the default setting is for **continuous page numbering** throughout a document.

**Option 2 - No, I don’t want my title page to have a page number**

− No problem! By using **section breaks**, you can delete the page number on your title page (section 1), but leave the rest of your document (section 2 onwards) as it is. You can even restart the numbering from 1 on page 2 if you want, as shown in the example below.
1. Press Ctrl + Home on your keyboard to get to the top of your document.

2. Press Ctrl + Shift + Enter to insert a section break.
   - A new blank page will appear at the start of your document.

3. Press Ctrl + Home again to get to the top of the new blank page.
   - If your page numbers are in the header, double-click at the top of the page.
   - If your page numbers are in the footer, double-click at the bottom of the page.

4. The header and footer of page 1 will be labelled Section 1.

5. Click the Header & Footer Tools Design tab, and click Next to go to Section 2.

6. Before you break any links, notice that Section 2 is labelled Same as Previous. This means it uses the page numbering style from Section 1.
   - You’ll need to break this link before you can delete the number from Section 1 (the title page).

7. On the Header & Footer Tools Design tab, click Link to Previous to break the link with Section 1.
   - The Same as Previous label should disappear.

8. Still in Section 2, click Page Number then Format Page Numbers.

9. Select Start at: 1 and click OK.
   - This restarts the page numbering in Section 2 from page 1.
10. On the **Header & Footer Tools Design** tab, click **Previous** to go to Section 1.

11. Select the page number in Section 1 and press the **Delete** key.

12. Double-click anywhere in the middle of the page to exit the header and footer.

### Tips for working with section breaks

- Click the **Home** tab, then click the **Show/Hide** button.

  ![Show/Hide](image)

- This switches on formatting marks, which makes the **section breaks** in your document easier to find.

![Section Break (Next Page)](image)

- To help you keep track of the section you are working in, right-click the **Status Bar** and tick **Section**.

### Useful keyboard shortcuts

- **Ctrl + Home**  
  Go to the start of your document

- **Ctrl + Enter**  
  Add a page break

- **Ctrl + Shift + Enter**  
  Add a section break

### Further information and help

If you want to learn about any Microsoft product in more detail you can use Microsoft’s Office Support for tutorials, videos and helpful hints.

- For essay formatting requirements, e.g. margins and line spacing, please check with your School.

- Within Word, click the **question mark** (top right) at any time for help. Search for keywords, e.g. `numbering`.

- You can also use MyIT to log calls with the University’s IT Service Desk: [https://myit.abdn.ac.uk](https://myit.abdn.ac.uk)