Digital Intelligence

The combination of skills, knowledge and abilities essential to digital life.

In today’s world, digital skills are more important than ever before. The way that we interact with others and present ourselves online can have lasting effects, both positive and negative.

Working with experts across the University, we have put together a series of resources to help guide you on your journey to improved Digital Intelligence (DQ) - Digital Literacy, Digital Security, Digital Citizen, and Digital Community.

You will find an introductory video for each of the four topics, supported by a written document outlining the area we are discussing, links to useful resources and advice from our experts. This is by no means everything you will need to know, but should provide a foundation from which you can build on, and explore the digital world.

**Digital Literacy**

*An understanding of the societal issues surrounding technologies, and the ability to find, capture and evaluate information.*

- Understanding online communication and critical thinking.
- Digitally literate you! Creating a positive digital identity.

**Digital Security**

*The protection of digital devices, systems and information.*

- We are all responsible for IT security. Are you aware of the risks?
- Best practice tips for your apps, passwords, devices, personal information and money.

**Digital Citizen**

*Being an effective, professional and responsible user of technology for your personal brand.*

- Content creation, web standards and accessibility.
- Understanding copyright and privacy.

**Digital Community**

*Stems from participation in online interaction, maintaining awareness and empathy towards other digital citizens to improve the health and wellbeing of all.*

- Awareness of the potential benefits and difficulties of participating in digital communities.
- The importance of empathy and emotional intelligence in digital health and wellbeing.