

Academic Support for Neurodivergent Students at the University of Aberdeen



A guide to what is available and who to contact.



Why do Neurodivergent Students require Academic Support?

Neurodivergent students may find academic support beneficial during their studies at university. This may be due to:

- holding a diagnosis, for example Dyslexia, Dyscalculia, Dyspraxia AND/OR ADHD or ASC.
- having previous adjustments/provisions or support at school or college.
- finding specific areas of study challenging, for example difficulty focusing or managing their time, or finding reading or writing takes longer than their peers.
- lacking experience in writing academic essays/reports or referencing their work.



Student Advice & Support

If students have a diagnosis or suspect they are neurodivergent, they should get in touch with Student Advice and Support in the first instance. Student Support can help by:

- discussing the student's particular challenges.
- making recommendations for inclusion adjustments or provisions to be made within the University.
- guiding the student through the diagnostic process, if applicable.
- supporting the student to access external funding and support, if eligible.
- referring the student to other services within the University who can provide specialist support, including The Student Learning Service, Assistive Technology, Counselling and Specialist Mentors.

Student Learning Service



The Student Learning Service (SLS) offers academic support to all students in the following areas:

- Approaches to study
- Academic writing
- Maths & statistics skills
- Neurodivergence

How does SLS support neurodivergent students?

- **1:1 appointment**, either face to face or online.
- Bookable **workshops** throughout the year - www.abdn.ac.uk/coursebooking/
- **Online resources:** ACHIEVE for Undergraduates and ACHIEVE+ for Postgraduate taught students, in MyAberdeen.
- **SLS works closely with other support services throughout the University to ensure that students access the most appropriate support.**

Making an appointment with SLS

Appointments can be made via the SLS website.

1. Choose the Neurodivergent Students drop-down list.
2. Click 'appointments'.
3. Complete and submit the study advice session request form.
4. One of our Specialist Advisers will contact you by email.

Attending an appointment

- Sharing an example of the student's work / a diagnostic report / needs assessment can make the appointment more productive.
- The Adviser will discuss individual support needs with the student and suggest and/or demonstrate some useful strategies relating to their specific learning profile.
- They may also refer students to other services to support their learning.



Want to find out more? Contact us!

Student Advice & Support

 student.support@abdn.ac.uk

 www.abdn.ac.uk/students/support/student-advice-support-office.php

Student Learning Service

 sls@abdn.ac.uk

 www.abdn.ac.uk/students/academic-life/academic-skills-6273.php