Annual Ferguson Lecture

At the beginning of August the Annual Ferguson Lecture took place at the Suttie Centre.

The Ferguson Lecture is part of twinning programme between Royal Aberdeen Children’s Hospital (RACH) and the Children’s Hospital at Dartmouth-Hitchcock (CHaD) in New Hampshire, USA.

The partnership was initiated by The ARCHIE Foundation following support from Scottish comedian Craig Ferguson and his American wife Megan, philanthropists who kindly support both hospitals and after whom the annual lecture is named.

The lecture, attended by staff and students, was entitled ‘Helping Babies Breathe – Growth and Development of a Global Resuscitation Program for Resource Limited Areas’ and was given by Dr George Little, Active Emeritus Professor of Paediatrics and Obstetrics and Gynaecology at the Geisel School of Medicine, Dartmouth.

Craig and Megan introduced the lecture via video link and the vote of thanks was given by Professor George Youngson, Emeritus Professor of Paediatric Surgery at the University of Aberdeen.
Body Matters

A new exhibition of art and drawing inspired by the study of anatomy was on display from August 26th to September 13th at Marischal College.

This included works by staff, students and local artists, the exhibition showcased chalk drawings, original illustrations from textbooks, student project work, and sculptural installations from our Artist in Residence Jo Macdonald and significant pieces by artist Brian Keeley.

Patient Partner Lunch

The patient partner annual thank you lunch was held in Norwood Hall House Hotel with over 120 patients and staff to celebrate the hard work and dedication of the patient partners over the last academic year.

The afternoon also saw talks from AFC community trust who brought along their mascots to share their volunteering programmes with us, Dr Ewan Campbell highlighted his research on bees and their future survival, and Dr Leeanne Bodkin gave two readings from the students humanities creative writing works. A great time was had by all.

New Career Aspirations Programme

The Suttie Centre hosted the first NHS Grampian ‘Career Aspirations’ Programme in August 2017.

This programme has been designed and is currently being delivered by the NHS Grampian OD Team to support staff to develop and grow within the health and social care system.

The programme is designed around 3 modules, the completion of a 3-month improvement project and then a ‘celebration event’ to recognise the success and development of participants.

Elements of the programme include:
- Understanding personal values lined to organisational values
- Developing self-awareness
- Enhancing communication skills
- Enhancing team-work
- Understanding and using improvement tools and techniques
- Career planning

Due to the volume of applications for the programme, a further programme will commence in October this year.
International Federation of Medical Students’ Associations

One of our students, Lucy Anne Singh, was part of the UK delegation to the International Federation of Medical Students’ Associations (IFMSA) 67th General Assembly in Tanzania during the first week of August 2017. It was an incredible week of workshops, discussions and voting on policies on important health topics with students from 128 countries across the world.

By signing exchange contracts with the IFMSA, our students can travel to these countries on exchange and we can accept students from all over the globe.

We are delighted that Lucy will take on the national role of Director of International Affairs for 2017-18, meaning she will be voting on behalf of the UK on important policies on health issues amongst other things.

MacMillan Bake Sale

There was a bake sale hosted in the Atrium of the Suttie Centre on 14th September 2017 by Marie Walker-Greenwood.

This was to raise money for MacMillan Cancer Support. There was all sorts of yummy cakes and treats to choose from.

Congratulations to Marie who with her great efforts raised £439 to give to this exceptional charity.

DOORS OPEN DAYS

Get into buildings!

The Suttie Centre participated in the Doors Open Day on 9th September 2017 alongside other locations throughout Aberdeen. This was another successful year with many visitors staying in excess of an hour and a half. There were a number of demonstrations given by staff and student societies.

These included: 3D imaging; simulation man, laparoscopic kits, child and baby CPR. There was also information available about the Patient Partner Programme and Mindfulness Sessions. The Musical Medics Society provided ambient background music.

The Anatomy department proved again to be a great hit. The museum was open where specimens and models could be viewed along with activities for children. There was watercolours of anatomical dissections, 3D imaging and information about teaching and research.

Thank you to all those who were involved in making the day a success for the public.

Fresher’s Fayre 2017

The start of September saw the influx of new Medical, Physician Associate and Dental students to first year. There were various sessions that they could get involved with over the week from ‘Welcome to Medicine’ to start things off to a Treasure Hunt closing out the week.

On Thursday 7th September the annual Medical Fresher’s Fayre was held in the Suttie Centre. This gave the first year students the opportunity to meet their regent who will support them through their studies.

The Fresher’s fayre also gave the students a chance to sign up to medical and sports societies that they have interests in. It was a great evening with a huge turnout. And we can’t forget the best thing about it was all the freebies and the pizza!
Free Fitness Classes for all NHSG Staff, UoA Staff and Students

- Monday
  - 17.15-18.15
- Monday
  - 18.15-19.15
- Tuesday
  - 17.45-18.45
- Wednesday
  - 17.30-18.30

Room Capacity

When filling in the booking request form the capacity for the rooms and layouts are given upon selecting the appropriate room.

These are shown under the layout choice, and they are there for a reason. These numbers are especially important for fire evacuation purposes, to ensure we do so safely.

Please adhere to the capacity number as these are the maximum for the layout of the room selected. If there is not a room or layout available for the numbers you expect to have when booking please get in touch with the Suttie Centre to discuss further.

Please do not book anyway knowing that you will have more than capacity. This would be unsafe.

A new series of specials started for the winter term on 11th September with:

**Tomorrows Doctors – what does being a teaching hospital mean to you.**

Still to come:

- **9th October:** Informing Birth Choices: A Legal Predicament
- **20th November:** Novel approaches to treating antibiotic resistant infections

CPR Mannequins heading to Ethiopia

Recently Clinical Skills ordered and replaced their CPR mannequins with newer models. Instead of the old models being put into the bin, Elaine Lyall decided to get in contact with individuals in the field of Global Health. Elaine studied a Masters in Global Health so knew that these mannequins could be used elsewhere to great benefit. The aim was to find a way of getting these to the developing world for use in teaching CPR.

Jolene Moore who is a Consultant Anaesthetist in Aberdeen, teaches Clinical Skills on the Medical Humanities Course and is affiliated with the Soapbox Collaborative here at Aberdeen University got in touch. She said that she was delighted to take them as she has set up projects over in Ethiopia which she visits regularly.

Jolene agreed to take all 5 full sized CPR training mannequins which Clinical Skills were offering and has picked these up. This completed the first stage of transferring them to Ethiopia. These mannequins will be shipped to Felege Hiwot Hospital located in the Amhara region of Ethiopia. This hospital is the major referral hospital for the region and is linked with Bahir Dar Medical School where elective projects can be undertaken by Aberdeen University Medical Students.

We are delighted they will be put to good use and hope they benefit the community for years to come.
More information and tickets for the symposium are available: medchi.admin@abdn.ac.uk

Hand Trauma Course

The Hand Trauma Course has been held at the Suttie Centre for the last 2 years. This course is highly interactive and runs for 2 days. It is structured in such a way that participants can learn surgical techniques that are involved when treating hand trauma.

During each of the days there are lectures before practical exercises in the Anatomy Department. Within these practical exercises fresh frozen cadavers are used for practice which closely mimic handling live tissue. Fractures are made directly onto the cadaver hand for practice, participants are paired together to one cadaver and have an instructor available for the duration of the exercise for direction and feedback.

Each day covers a variety of different injuries which can be sustained. For example to name a few; on day one injuries to flexor and extensor tendons and grafting for hand surgery. Day two; hand fractures, dislocation fractures and practical management of hand infections were included.

Doctors at Work - Inspiring the Next Generation

A big thank you to staff across Aberdeen and Elgin who gave their time and expertise to inform and inspire 129 pupils from Grampian and Shetland, as part of Doctors at Work (DAW), the well-established NHS Grampian programme to give aspiring medical students the opportunity to experience our working environment.

The week of activities is always very popular among S5 pupils and graduates intending to apply to study Medicine and this year feedback included, “I feel this experience has renewed my passion and determination to pursue medicine as a career path”. “I just wanted to add that I am extremely grateful I was given the chance to take part in this programme, it has helped me so much and has overall been an absolutely amazing experience”.

The week includes students meeting GPs, healthcare scientists, one day with a consultant, learning what it is like to work in a multi-disciplinary team. On the Wednesday afternoon pupils and graduates are lucky enough to spend time with Dr Nick Fluck, Medical Director and Jamie Hogg, Divisional Clinical Director for Dr Gray’s Hospital, avid supporters of the DAW programme.

“The support from staff for DAW is superb and their commitment provides an invaluable insight into what’s involved in serving the health needs of the people of the North East.”

DAW programme has been provided in NHS Grampian since 2009. Applications are received from all schools in Grampian plus schools beyond the region and abroad. Due to popular demand an extra two additional weeks were organised for 2017.
### Wasted Space

In the last 3 months, hours of usable teaching space have been wasted due to failure to cancel on time.

- June – 209.25 hours
- July – 92.5 hours
- August – 157.75 hours

This is slightly down on the previous quarter. Please help us to ensure space is available for your next teaching or learning session – where ever possible cancel an unrequired space a minimum of 14 days in advance. Your confirmation email contains a link to cancel/email suttiecentre@abdn.ac.uk

### MedChi Main Hall

We are now underway with the change in how to request bookings for MedChi for University and NHS users. You are as always able to view availability on the Suttie Centre website. University Staff should contact Central Timetabling to submit requests for Monday-Friday 09.00-17.00, outwith these times submit your booking request through the Suttie Centre Website.

NHS Staff send an email to suttiecentre@abdn.ac.uk with your request as we will book this on your behalf for Monday-Friday 09.00-17.00, outwith these times submit your booking request as normal through the Suttie Centre Website. Please ensure that you include as much information as possible, particularly regarding the type of teaching activity e.g. utilising DELS, group work, etc.

For NHS bookings—once you have received confirmation please visit the Suttie Centre Reception the day before your booking. You will be issued with a username and password to be able to log onto the computer in the room. You will also receive a Trustcard which will allow you to access the MedChi Main Hall from the Car Park in front of the building. After your booking please return the Trustcard to the Suttie Centre reception.

### Contact Us

Visit us on the web at www.abdn.ac.uk/suttie-centre

Room booking can be found at [http://www.abdn.ac.uk/suttie-centre/room-booking/rooms/help](http://www.abdn.ac.uk/suttie-centre/room-booking/rooms/help)

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### What you can do to help Reception!

At reception we are the first point of contact for those who come through our doors.

We aim to help anyone who approaches us with the correct information. We don’t want to turn anyone away if they are in the right building and we are unaware.

Here are some things you can do to help us help our users:

- **Tours** – Please let us know: when the tour is supposed to start and where the tour is. Also, how many individuals are due to arrive and if they have to be sent to a specific area or wait at reception and who will collect them if they are at reception.

- **Interviews** – Please let us know: how many candidates you expect to arrive. Also, if we have to send the candidates to the room the interview is being conducted in or if they have to wait at reception to be collected and who will collect them.

- **Deliveries** – Whilst we do not accept deliveries for bookings in advance due to lack of space, we can do so on the day. Please let us know: if you expect a delivery to arrive at reception before the start of your booking. Make sure that it is correctly labelled at the time of ordering with the name of the booking and individual who is receiving it.