OSCEs and Patient Partners

OSCEs (objective structured clinical examinations) normally start for patients with confirmation about 3 months before and the paperwork landing on doormats 2 weeks before the day. It's at this stage they know who they will be on the day, Bob with back pain or Jim worried about his grandson who has taken poorly in his care. Normally there is a little over a page and a half to learn.

On the day make-up often needs to be applied to show a bruise, perhaps a bandage applied or a prop, such as a sick bowel, to simulate the situation. Then it's off to the stations for the briefing to discuss as a team the scenario to make sure all are acting in the same way. Next the students appear at the curtain ready to help with all the problems and a few minutes later they leave to go to the next station. The patient then signals to the examiner how well they feel the student has treated them, on a scale of 1-4, willing the student to continue successfully in the next station. Many students later the day comes to an end.

Most patients do at least one exam a year but many do all of them, watching the students' progress each year. After 5 years when they see the students graduate they know they have helped the students achieve that. We simply couldn't run the OSCEs without all their hard work.

“The Patient Partners make a huge difference to our learning experience - both in terms of teaching and exams. What they selflessly give transforms our development and ultimately the healthcare we will provide in the future” - Medical Student

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**Medical Lecture Theatre**

Based in ARI this room is about to undergo an AV and IT refurbishment, bringing these in line with all of the rooms at Suttie. We have also recently taken over the booking of this room and it is now available via the online booking system.

As with MacGillivray and Dugald Baird this room will be available to all NHS Grampian and University staff for any appropriate purpose, including meetings. Bookings for 1/1 to 30/6 being released from 1/10 and bookings for 1/7 to 31/12 being released 1/4.

The room will now be open Mon – Fri 7.45 – 17.30 but bookings will be accepted 8.00 – 20.00 7 days. For bookings out with normal hours a key must be signed out from the general office.

**New Gliding class**

We offer a variety of free exercise classes and promise that this new class does not involve flying at height! The class is a bit like aerobics but with slidey feet thanks to some special discs (which are provided) and offers a great workout. Why not come along and give it a try on Thursday’s in room 217 at 17.30.

Also new is the walking group which runs on Wednesday’s meeting at 12.30 at Suttie reception. We cover approximately 2 miles taking around 40/45 minutes.

Coming soon will be Zumba (18/7) and mindfulness sessions - look at our website for more details.

**University Open Days**

This year we are running 3 Open Days for Perspective students - Saturday 4th June, Tuesday 30th August and Saturday 22nd October. If you know anyone who is interested in finding out more about studying medicine they can register at [http://www.abdn.ac.uk/study/undergraduate-open-day/](http://www.abdn.ac.uk/study/undergraduate-open-day/)

**Treasures from the Anatomy Museum Digitised**

The life-sized Papier Mâché Man on display in our lecture theatre is one of many remarkable historic models from our Anatomy Museum collection. These anatomical models are made of plaster, ceramics, wax or papier-mâché. Many of these models date to the 19th Century, but as they are very detailed and anatomically accurate, they are still used for Anatomy teaching today.

Some of these precious models are now being digitised and turned into animated 3D models so that they can be made available online. This work is part of a project funded by the Roland Sutton Academic Trust and coordinated by Dr Flora Gröning. The aim of the project is to develop a new interactive 3D virtual learning environment for anatomy teaching using digitised human body parts and tools from computer gaming.

Find out more about this project in a recent university news article: [http://www.abdn.ac.uk/news/9222/](http://www.abdn.ac.uk/news/9222/)

**Wax model of a foetus digitised using photogrammetry - click on the image to see the video**
Plastic Surgery Courses

We recently held two annual courses which are organized by our own NHS Grampian plastic surgeons in conjunction with the Anatomy department. These courses were fully subscribed with International participants and we have received excellent feedback, including in the Annals of Plastic Surgery. They were even fortunate enough to experience some Aberdonian sunshine!

FY Induction

As many of you will know July and August bring the new batch of FY1’s and FY2’s - our junior doctors. With this major influx of staff, many of whom are completely new to Aberdeen, it is vital that they have a suitable induction with everything from ID cards and IT log ins to policies and procedures on the agenda. This mass induction will again be happening at the Suttie Centre and we hope will give them a positive experience of NHS Grampian and Aberdeen University helping future staff retention.

Joint Simulation & Training Centre

After many discussions an interim simulation and training facility has been opened in the main hospital building in the former ward 305 (orange zone). The ward setting is a perfect base from which all healthcare personnel can benefit from an enhanced simulation based experience.

Since opening and having an initial week of showcasing the centre to stakeholders and staff the centre has hosted a variety of enhanced training including national and local courses and in the first month over 90 healthcare personnel from a wide range of professions have attended for education and in some cases assessments.

The intention of the centre has always been to enhance, through the use of an actual clinical setting, the simulation experience and further the ability to suspend disbelief when performing training. Certainly from an initial analysis of the candidate evaluations to date, it would appear that this is indeed the case, with phrases such as “realistic environment”, “feels like a ward” and “well set up” indicating that those who have used the centre to date agree.

The simulation and training centre is part of the simulation based education strategy being developed and coordinated through the clinical skills centre to ensure that across both NHS Grampian and Aberdeen University there is a collaborative approach to both under and post graduate education. For further details or if you would like to see the new facilities please contact Jerry Morse, manager of clinical skills centre and lead for simulation, email jerry.morse@abdn.ac.uk

Locker Key Recall

All locker keys are now being recalled for the summer vacation. You will receive an email with the specific dates for your year and it is important that you meet any deadline dates given.

Summer lockers are also available until 5th August from reception for a deposit of £20.
Smoking Policy

As a reminder the policy for the whole Foresterhill site is that we are a no smoking area, this includes the use of "vaping" devices. Staff, students and visitors to Suttie Centre are reminded to wait until they are off NHS grounds, including outside University buildings, before lighting up.

This is part of a national drive to create a tobacco free generation within Scotland by 2034. Although this campaign is not asking smokers to quit but instead to wait until they are off NHS grounds, anyone who wishes to get help to stop smoking can contact the Occupational Health Service or the Smoking Advice helpline – Freephone 0500 600 332.

Wasted Space

In the last 3 months over 333 hours of usable teaching space have been wasted due to failure to cancel in time

March 127 hours
April 132 hours
May 74 hours

This is a significant improvement but please help us to ensure this keeps improving and space is available for your next teaching or learning session - where ever possible cancel an unrequired space a minimum of 14 days in advance. Your confirmation email contains a link to cancel or email suttiecentre@abdn.ac.uk

Quality Event - United by a shared vision

More than 200 delegates attended the 5th Quality and Safety in Healthcare Event 2015 ‘Quality Teams = Quality Care,’ on 23 May 2016, in the Suttie Centre.

The aims of day was to share knowledge and good practice about quality in healthcare within the NHS, university and wider community and the high attendance and enthusiasm of delegates demonstrates the commitment and the interest to learn and share about quality.

Professor Stephen Logan, NHS Grampian’s Chairman, opened the event and spoke about the collaboration between the universities and that teamwork and partnership is key to quality care. He was followed by the first plenary speaker, Dr Ed Coats, Specialist Doctor in Nottingham, who talked about great stories, great lessons and great healthcare, explaining how human behaviour impacts on teams and their performance. He shared his experience of his South Pole expedition and how humans cope under extreme duress.

The second plenary speaker was Professor Adam Ogilvie-Smith, Visiting Professor at Robert Gordon University, who is a Consultant in defence, security and resilience. He reminded us that our patients and families perspective is coloured by stress of illness/worry and why person centred care is so important. He concluded with faith and trust supports effective teamwork and delivery. The event was closed by Malcolm Wright, NHS Grampian’s Chief Executive, reminding us of the values of the NHS and that quality and safety is at the heart of what we all do.

There were 18 breakout sessions and an exhibition of 24 posters, selected from over 50 submitted. The whole event was very positively received.