

General Information	
<b>Main Contact</b>	Kimberly B. Sinclair, Director of International Programs
<b>Mailing Address</b>	USM Office of International Programs 96 Falmouth Street PO Box 9300 Portland, ME 04104-9300 USA
<b>Telephone</b>	+1 207-780-4959
<b>Email</b>	<a href="mailto:usm.international@maine.edu">usm.international@maine.edu</a>
<b>Website</b>	<a href="https://usm.maine.edu/international">https://usm.maine.edu/international</a>
Semester Dates	
Fall Semester (August - December 2020)	
<b>Arrival Dates</b>	Tuesday, August 25th or Wednesday, August 26th
<b>Orientation</b>	Thursday, August 27th, and Friday, August 28th
<b>Classes Begin</b>	Monday, August 31st
<b>Labor Day Holiday</b>	Monday, September 7th
<b>Fall Break</b>	Monday, October 12th and 13th
<b>Veterans' Day Holiday</b>	Wednesday, November 11th
<b>Thanksgiving Break</b>	Wednesday, November 25th - Sunday, November 29th
<b>Classes End</b>	Friday, December 11th
<b>Final Exams</b>	Saturday, December 12th - Friday, December 18th
Spring Semester (January - May 2021)	
<b>Arrival Dates</b>	Wednesday, January 13th or Thursday, January 14th
<b>Orientation</b>	Friday, January 15th
<b>Classes Begin</b>	Tuesday, January 19th
<b>Presidents Day Holiday</b>	Monday, February 15th
<b>Spring Break</b>	Monday, March 15th - Friday, March 19th
<b>Classes End</b>	Friday, April 30th
<b>Final Exams</b>	Saturday, May 1st - Friday, May 7th
Academic Information	
Exchanges are only eligible for undergraduate students, unless otherwise stated in bilateral exchange of agreement	
<b>Language of Instruction</b>	English
<b>Average Course Credit Load</b>	12-15 credits per semester
<b>Minimum Course Load</b>	12 credits per semester
<b>Maximum Course Load</b>	16 credits per semester
<b>Course Restrictions</b>	<b>Restricted Courses:</b> - Nursing - Media Studies - Music
English Proficiency	
If English is not your first language you will need to submit a TOEFL or IELTS score OR complete a Language Proficiency Report. (The minimum TOEFL score required is a 79 iBT/ 213 computer or 550 paper). Please note: If you submit a proficiency report an online skype interview may also be required to verify language proficiency.	

<b>Application and Nomination Process</b>	
<b>Nomination</b>	Send us an email to:  <a href="mailto:kphill50@maine.edu">mailto:kphill50@maine.edu</a>
<b>Application</b>	After students have been nominated by their home university, they will then be provided with our application
<b>Supporting Documents</b>	<a href="https://usm.maine.edu/international/incoming-exchange">https://usm.maine.edu/international/incoming-exchange</a>
<b>Nomination Deadlines</b>	
<b>Academic Year &amp; Fall Semester</b>	Same as application deadline
<b>Spring Semester</b>	Same as application deadline
<b>Application Deadlines</b>	
<b>Academic Year &amp; Fall Semester</b>	Preferred Deadline: April 1st Latest Possible Deadline: May 15th
<b>Spring Semester</b>	Preferred Deadline: October 15th Latest Possible Deadline: November 1st
<b>Accommodation</b>	
<a href="https://usm.maine.edu/residential-life/housing-application-process">usm.maine.edu/residential-life/housing-application-process</a>	
<b>Student Visa</b>	
Student needs to obtain a J-1 Exchange Student Visa. Information on how to obtain the visa will be sent to students with a DS2019 form when they are offered a place at the University of Southern Maine.	
<b>Transcripts</b>	
Students need to fill out a transfer request form, and we will send students' academic transcripts to Go Abroad Office after the semester is over.	
<b>Insurance</b>	
All J-1 Exchange Students are required by federal regulations to have medical insurance for the entire period of their stay in the U.S. The Exchange Visitor Health Insurance Requirement can be found at:  <a href="https://usm.maine.edu/sites/default/files/international/j1insurance_0.pdf">usm.maine.edu/sites/default/files/international/j1insurance_0.pdf</a>	



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