

ABERDEEN:

Tips for Family and Friends

A

ASK if they are coping with their studies and listen if they want to talk.

B

BOOST your online student by offering to make them dinner or even a cup of tea.

E

ENCOURAGE and be a cheer leader, it's a long road and they will need your support to get to the end.

R

RELAX your online student as much as possible and ensure stress is kept to a minimum.

D

DEVOTE TIME and offer to help your online student with their studies, even if it is just listening to them.

E

EDIT - how are your proof reading skills? Offer to review your online student's work and be constructive in your feedback.

E

ENTERTAINMENT - build in breaks for your online student. A well timed movie or evening out can work wonders.

N

NEVER let them loose faith in their own ability. Keep them motivated and remind them of how an online qualification will change their life.

