First Year Reading

There is no compulsory textbook for first year psychology. However, we recommend our students refer to two texts as general primers.

The first text is an open-access textbook has chapters written by many different experts in the field and is freely available for download:


The second text is a great general introductory psychology book and is available in the University library:


Module Lists

Single Honours Psychology MA or BSc students study the SAME psychology courses. The difference between MA/BSc is in the mix of additional outside subjects studied at Levels 1 and 2.

Levels 1 & 2: 50% Psychology courses + (50% Arts for an MA; 50% Science for BSc). Levels 3 & 4: specialise in psychology subjects.

Level 1 - Term 1
- Introductory Psychology I: Concepts and Theory (15-credits)
- Introductory Psychology I: Methods and Applications (15-credits)
- + Outside subjects (30-credits)

Level 1 - Term 2
- Introductory Psychology II: Concepts and Theory (15-credits)
- Introductory Psychology II: Methods and Applications (15-credits)
- + Outside subjects (30-credits)

Level 2 - Term 1
- Advanced Psychology A: Concepts and Theory (15-credits)
- Advanced Psychology A: Methods and Applications (15-credits)
- + Outside subjects (30-credits)

Level 2 - Term 2
- Advanced Psychology B: Concepts and Theory (15-credits)
- Advanced Psychology B: Methods and Applications (15-credits)
- + Outside subjects (30-credits)

Level 3 - Term 1
- Methodology A (15-credits)
- Biological Psychology (15-credits)
- Perception (15-credits)
- Psychological Assessment (15-credits)

Level 3 - Term 2
- Methodology B (15-credits)
- Developmental Psychology (15-credits)
- Memory and Language (15-credits)
- Social Psychology (15-credits)
Level 4 - Terms 1 & 2
- Thesis (30-credits)
- + 90-credits from various psychology options (15-credit); current options include:
  o Advanced Topics in Language
  o Critical Review
  o Clinical Psychology in Action
  o Cognitive Neuroscience
  o Counselling Psychology
  o Current Topics in Psychological Studies
  o Emotion and Aging in Social Cognition
  o Face Recognition
  o Forensic Psychology
  o Human Factors
  o Neuropsychology of Vision and Action
  o Professional Skills & Work Experience in Psychology
  o Social Mind

NB: Joint honours students complete most Level 3 courses spread across Levels 3 and 4, a smaller thesis project in Level 4 (15-credits), and replace the Level 4 psychology options courses with courses from their joint subject spread across Levels 3 and 4.
School of Psychology Web and Social Media Links

- Link to School of Psychology webpages: https://www.abdn.ac.uk/psychology/
- Link to School of Psychology blog: https://www.abdn.ac.uk/psychology/blog/index.php
- School of Psychology Highlights: The University of Aberdeen is a great place to study Psychology - watch this short clip to see what you can expect when you study with us here at Aberdeen. https://youtu.be/22zU25UnLeU
- An introduction to the School of Psychology: Professor Arash Sahraie introduces the School of Psychology and outlines what you can expect when you study psychology at Aberdeen. https://youtu.be/RV5lUviFyes
- School of Psychology Undergraduate Programmes: Undergraduate students studying psychology at Aberdeen benefit from a varied learning approach, hand-on research experience and the opportunity to study abroad. Director of Teaching & Learning, Dr Jason Bohan, tells us more about the advantages of studying psychology at Aberdeen. https://youtu.be/URJxAdTHSEE
- Peer-Assisted Learning: Psychology student and PAL Team Leader, Auste Simkute, discusses the benefits of Peer-Assisted Learning for students and how it helped her improve her grades and essay writing skills. https://youtu.be/hPZrd66LVhk
- School of Psychology Facebook page: https://www.facebook.com/abdnpsych/
- School of Psychology Twitter: https://twitter.com/abdnpsych?lang=en

Psychology Society Web and Social Media Links

- Link to the Psychology Society official AUSA page: https://www.ausa.org.uk/societies/society/psychologysociety/
- Link to the Psychology Society Facebook page: https://www.facebook.com/abdnpsychsoc/
- Link to the Psychology Society Facebook page Facebook group: https://www.facebook.com/groups/120843441277377/

MA Psychology, 2nd year students on Unibuddy:

Clarissa, Hanna, and Brogan are all listed on Unibuddy chat.