School of Psychology

Senior Personal Tutor for Psychology:
Rachel Swainson r.swainson@abdn.ac.uk

Personal Tutoring – Undergraduate Students

All undergraduate students are assigned an academic member of staff as their Personal Tutor. Your Personal Tutor will arrange to meet you in groups or individually at the beginning of each semester. In addition, you will be able to contact your Personal Tutor throughout the year and request a one-to-one meeting if you have something to discuss. By attending and actively contributing to the meetings you will:

- Reflect on your academic progress and discuss future aspirations and prospects
- Discuss any concerns you may have about your progress
- Be provided with appropriate guidance and information should problems arise

We aim to provide you with the same Personal Tutor for the duration of your studies although due to some circumstances (such as staff departures), you may be allocated to a new Personal Tutor. Should you be dissatisfied with your Personal Tutor, you may request a change by contacting the Senior Personal Tutor for the School of Psychology.

Peer Support

There are also student-led sources of support available to you during your studies, including:

- **Peer Assisted Learning (PAL):** Academic support is provided by students to students across all undergraduate levels within the School of Psychology. [Supportive Learning | The School of Psychology | The University of Aberdeen (abdn.ac.uk)]

- **Students4Students (S4S):** Student Mentors are available to new undergraduate students. Sign up to request a mentor: [Students 4 Students | Students | The University of Aberdeen (abdn.ac.uk)]