

School of Psychology

Senior Personal Tutor for Psychology:
Rachel Swainson r.swainson@abdn.ac.uk

Personal Tutoring – Undergraduate Students

All undergraduate students are assigned an academic member of staff as their Personal Tutor. The aim of Personal Tutoring Service is to provide pastoral care to allow you to develop academically and personally. You will be invited to meetings with your Personal Tutor in each semester. The meetings are intended to provide you with the opportunity to work in partnership with your Personal Tutor to develop your academic and personal skills. Should a personal tutor be unable to assist, they will refer you to the Senior Personal Tutor or other University Services that can help you. Your Personal Tutor will arrange to meet you in groups or individually at the beginning of each semester. However you will be able to contact your Personal Tutor throughout the year and request a one-to-one meeting if you have something to discuss. By attending and actively contributing to the meetings you will:

- Become knowledgeable about how to succeed in the School of Psychology
- Be confident in your engagement with staff members and peers
- Be able to reflect constructively on your academic progress and respond effectively to feedback
- Develop the academic skills and graduate attributes required to succeed locally and internationally
- Reflect on your academic progress and discuss future aspirations and prospects
- Discuss any concerns you may have about your progress
- Be provided with appropriate guidance and information should problems arise
- Contribute insights about your experience in the school and at the university

We aim to provide you with the same Personal Tutor for the duration of your studies although due to some circumstances (such as staff departures), you may be allocated to a new Personal Tutor. Should you be dissatisfied with your Personal Tutor, you may request a change by contacting the Senior Personal Tutor for the School of Psychology.

Peer Support

There are also student-led sources of support available to you during your studies, including:

- **Peer Assisted Learning (PAL):** Academic support is provided by students to students across all undergraduate levels within the School of Psychology. [Supportive Learning | The School of Psychology | The University of Aberdeen \(abdn.ac.uk\)](#)
- **Students4Students (S4S):** Student Mentors are available to new undergraduate students. Sign up to request a mentor: [Students 4 Students | Students | The University of Aberdeen \(abdn.ac.uk\)](#)