

# Student Essential Information & Support

## University Orientation

Get to know the University and the services and system available to support your student life by completing the online orientation.

Website: [abdn.ac.uk/new-students](http://abdn.ac.uk/new-students)

## School Information

Check your School's section of the New Students website for details on activities, reading list and blended learning.

Website: [abdn.ac.uk/new-students](http://abdn.ac.uk/new-students)

## Where you are studying

You can update us whenever you want to update your study intentions through Student Hub.

Website: [abdn.ac.uk/studenthub/login](http://abdn.ac.uk/studenthub/login)

## MyCurriculum Support

You can get MyCurriculum help by using the online chat service or by calling 01224 272727.

Website: [abdn.ac.uk/mycurriculum/](http://abdn.ac.uk/mycurriculum/)

## Counselling Service

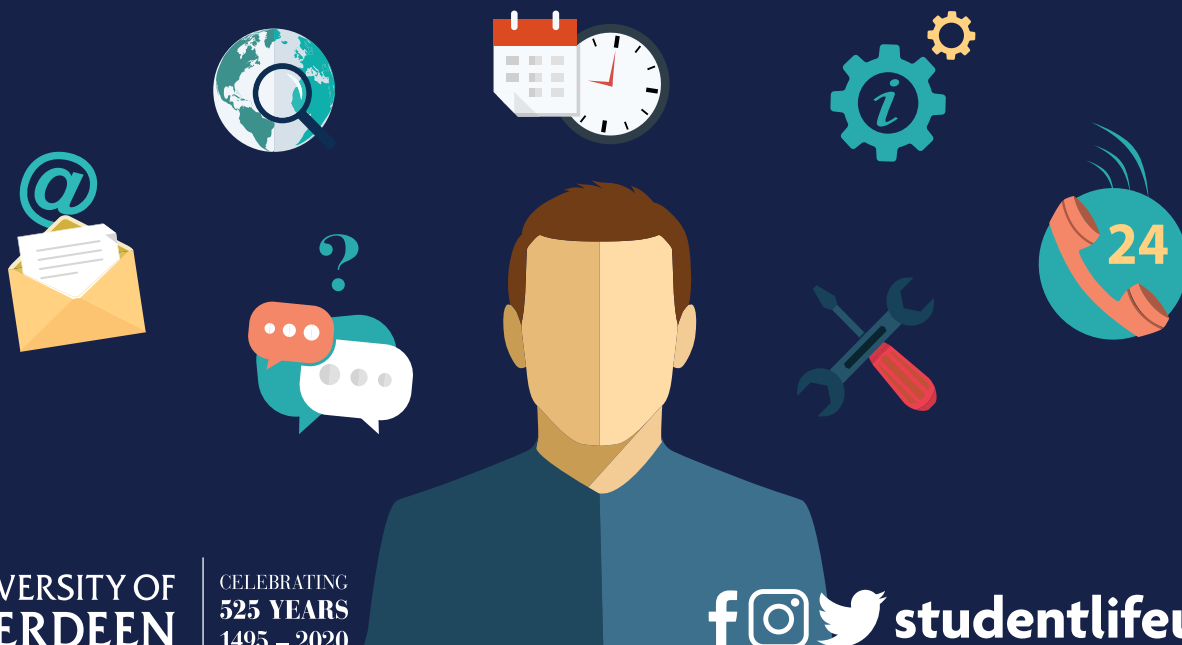
The Counselling Service remains available to all students currently residing in the UK.

Website: [abdn.ac.uk/counselling](http://abdn.ac.uk/counselling)  
Appointments: [counselling@abdn.ac.uk](mailto:counselling@abdn.ac.uk)

## Student Advice & Support

Help with queries relating to money, personal issues, disability support and visas.

Website: [abdn.ac.uk/student-support](http://abdn.ac.uk/student-support)  
Appointments: [student.support@abdn.ac.uk](mailto:student.support@abdn.ac.uk)



## Multi-faith Chaplaincy

Hosting a virtual student café, every Thursday at 11am, so students can socialise with each other. Residents at Hillhead who are feeling isolated can attend a virtual Hillhead café Tuesday at 3pm.

Email to join either cafe: [chaplaincy@abdn.ac.uk](mailto:chaplaincy@abdn.ac.uk)

## Student Resident Assistants

On site at Hillhead supporting students living in University accommodation.

Tel: **01224 274030 / 01224 274023 (6pm-6am)**,  
Tel: **01224 274013 (6am-6pm)**; Text: **07813 529 679**  
Email: [residentassistants@abdn.ac.uk](mailto:residentassistants@abdn.ac.uk)

## Infohub

Your one stop shop for all enquiries.

Email: [infohub@abdn.ac.uk](mailto:infohub@abdn.ac.uk)  
Support Enquiry System: [abdn.ac.uk/mist/apps/  
support-enquiries/](https://abdn.ac.uk/mist/apps/support-enquiries/)  
Website: [abdn.ac.uk/students](https://abdn.ac.uk/students)

## Library

Our University libraries are open with reduced capacity and social distancing in place. You can also continue to access the digital library services.

Website: [abdn.ac.uk/library](https://abdn.ac.uk/library)

## IT Support

Log in to [myit.abdn.ac.uk](https://myit.abdn.ac.uk), where you can chat with us during working hours, view self-help solutions and report an IT issue.

## Toolkit

Learn new digital skills, discover useful apps and explore University services.

Website: [abdn.ac.uk/toolkit/](https://abdn.ac.uk/toolkit/)

## AUSA Advice

Advisers will be available for academic, housing and general wellbeing advice.

Email: [ausaadvice@abdn.ac.uk](mailto:ausaadvice@abdn.ac.uk)  
WhatsApp: **+44 (0)1224 274 200**

## Careers & Employability

Operating all services online or by telephone.

Email: [careers@abdn.ac.uk](mailto:careers@abdn.ac.uk)  
Website: [abdn.ac.uk/careers](https://abdn.ac.uk/careers)



## Financial Support

Various funds are available to assist students in financial hardship, as well as funds specifically allocated to assist students without access to the necessary IT equipment to undertake their studies with a blended learning approach

Email: [student.support@abdn.ac.uk](mailto:student.support@abdn.ac.uk)  
Website: [abdn.ac.uk/student-support](http://abdn.ac.uk/student-support)

## UoA Student Guide

The Student Guide is packed with lots of information to help you navigate university life, including events, activities and essential resources.

Search your mobile app store for UoA Guide to download.

Website: [abdn.ac.uk/students/new-students/essential-guides.php](http://abdn.ac.uk/students/new-students/essential-guides.php)

## SLS

Enhance your academic skills including academic writing, maths and study skills.

Website: [abdn.ac.uk/sls](http://abdn.ac.uk/sls)

## S4S

Helping you settle into University life.

Website: [abdn.ac.uk/students/support/students4students-3585.php](http://abdn.ac.uk/students/support/students4students-3585.php)



## Pastoral Support and Guidance

All on-campus undergraduate full or part-time student will be assigned a Personal Tutor.

Website: [abdn.ac.uk/students/support/pastoral-support-and-guidance.php](https://abdn.ac.uk/students/support/pastoral-support-and-guidance.php)

## Assistive Technology

Confidential advice and support for people with additional support needs including; physical disability, specific learning difference, mental health issues

Website: [abdn.ac.uk/toolkit/#assistive\\_technology](https://abdn.ac.uk/toolkit/#assistive_technology)

## MIND

Advice on mental health and wellbeing is also available at MIND.

Website: [mind.org.uk](https://mind.org.uk)

## BeWell

Our BeWell programme is designed to support you throughout your University journey.

Website: [abdn.ac.uk/bewell](https://abdn.ac.uk/bewell)

## Safety

SafeZone is a free app that connects you to the University security team if you ever need urgent help, first aid or if you have an emergency while on campus.

