



UoA Staff Memberships

**Welcome to your free
Lifestyle Membership**

You read that right..

As a staff member at the University of Aberdeen you are entitled to a **FREE** Off-Peak Lifestyle Membership.

Your Off-Peak Membership Hours:

Mon-Fri 05.30 - 16.30

Sat 07.30 - 19.30

Sun 07.30 - 21.30



What if these hours don't work for me?

You can upgrade to a **Peak** Lifestyle Membership for just **£10.50** p/m, giving you access whenever we're open!

How do I get started?

Arrange a tour by contacting our Reception team at info@aberdeensportsvillage.com.

Provide your **forename**, **surname** and **Staff ID** number, and we will get back to you.

Alternatively, call us on 01224 438900.

TERMS & CONDITIONS APPLY.

What's included in my membership?

- FREE personal training induction
- Access to 100+ group exercise classes
- Access to our Health Suite
- Access to our onsite crèche
- Access to Gym, Pools, Group Cycle Studio, Squash, Athletics, and more
- Exclusive offers and specialist class discounts
- Discounts to at SPEAR Sports Injury & Physiotherapy and Aberdeen Sports Massage

and so much more!



E: info@aberdeensportsvillage.com

T: 01224 438900

Linksfild Road, Aberdeen, AB24 5RU

aberdeensportsvillage.com