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This research project is funded by the Canada-Inuit Munangat-United Kingdom Research Programme (CINUK).

INUKSIUTIT: Food Sovereignty in Nunavut \triangle ביאסרוכ: סיישרייבי היישרייבי היישריבי היישריב



Inuksiutit: Food Sovereignty in Nunavut team members are working collaboratively with Inuit Nunangat communities establishing research priorities and recording knowledge about Inuit country food harvesting, country food preparation and nutrition. Our goals are to promote the health benefits of Inuit country food, better understand the richness of Inuit cuisine, and advocate locally, nationally, and internationally for resilient Inuit country food systems and food sovereignty. This research project will run from 2022-2025 and is funded by the Canada-Inuit Nunangat-United Kingdom Research Programme (CINUK).

In Kinngait, the Inuksiutit Project team members are: Martha Jaw, Neevee Jaw, Aaron Pudlat, working with Amy Caughey, Peter Loovers, Jessica Penney and Nancy Wachowich.

Martha Jaw is the Project Lead in Kinngait.



Walrus Soup Recipe by Martha Jaw

Kinngait, May 2023

Ingredients

Walrus
Soup mix
Peas
Carrots
Potatoes
Salt

