



Have a look at the basket of shopping Can you answer the following questions?

1. What do you think might be the odd one out?
2. Can you identify two items that are a good source of protein?
 - a. Why do we need protein in our diet?
3. Can you identify three items that may be grown in Scotland?
4. Can you identify an item that is branded “Fairtrade”
 - a. What does Fairtrade mean?
5. Can you find two items that are grown overseas?
 - a. Why might it be a good idea to buy these items?