The donation process

Donors will be asked to donate on a regular basis within a specialist facility located at the Rowett Institute. Whilst there is no minimum or maximum number of donations required of you as a donor, we would appreciate if you could donate at least once a week.

At each visit, you will be asked to sign a donor declaration to confirm your ongoing health. The donation process is anonymous and your test results will be kept strictly confidential. The only information that is shared with patients is a donation label number and other regulated information that you normally see on medicines such as expiry date.

You will be given specific instruction on the way to donate. The focus is on keeping the area as clean as possible to try and reduce the risk of external contamination. You will donate into a specialist collection container and there will be limited handling involved.

The days and times for donor collection are Monday-Friday 07:00-14:00.

What happens to my personal information?

Enterobiotix Ltd is committed to protecting the privacy and security of your personal information in accordance with the General Data Protection Regulation (GDPR). We collect information, including specific health related information about you when you voluntarily express an interest in and consent to becoming a faecal microbiota donor.

This information is collected using paper forms and records and stored in a secure manner. We primarily use the information collected under consent to:

- determine whether you meet the eligibility criteria to donate,
- ensure high standards of quality and safety in relation to our faecal microbiota products,
- share with our approved donor processing partner, their registered doctor and accredited third-party screening laboratories.

For further details on your rights and the kind of information we may hold about you and how we collect it and use it please refer to our donor privacy policy, which is available on request.

If you are worried about HIV

It is important that you are not signing up to become a faecal microbiota donor simply to get a HIV test. If you are worried about HIV there are several people you can talk to, such as your GP. Further information can be found on www.sexualhealthscotland.co.uk to find services in your local area and other sources of help.

Who can I contact if I have more questions?

We would be happy to answer any of your questions.

Please email donors@enterobiotix.com

Donor exclusions: reasons that you may not be able to become a donor

- Under the age of 18
- Body mass index (BMI) of under 18.5
- Current tobacco smoker
- In receipt of any regular prescribed medication (certain medications are excepted for example the oral contraceptive pill, this can be accessed at a screening interview)
- Currently receiving medication for depression, anxiety or any other medical health issue diagnosed by a doctor
- A personal or family history of gastrointestinal malignancy or a known polyposis syndrome
- Known to be infected with HIV, HTLV or Hepatitis A, B, C, D or E.
- Known exposure to HIV, HTLV or Hepatitis A, B, C, D or E in the last 12 months
- Recurring diarrhoea (≥ 3 loose or watery stools per day for at least 2 consecutive days).
- In the past 12 months: Sexual contact with known HIV or hepatitis patients, men who have had sex with men either protected or unprotected, sexual contact for drugs/money.
- Incarceration or history of incarceration within the past 12 months
- Any gastrointestinal disease or disorder such as Inflammatory Bowel Disease and Irritable Bowel Syndrome
- Currently being treated for cancer
- EnteroBiotix are committed to unlocking the full potential of FMT which includes researching and developing new products and medicines based on faecal microbiota. Our donor exclusion criteria may differ for these development programmes. Please do get in touch using the contact details provided if you are interested in participating even if you think you may not be eligible.
Faecal Microbiota Transplantation (also known as FMT or a stool transplant) is a treatment used to restore a healthy balance of bacteria in the gut of a person suffering from a disease or infection associated with bacterial imbalances. It involves the transfer of carefully screened stool from a healthy donor into a patient’s gut. This can be carried out using a number of methods such as rectal enema, colonoscopy, nasogastric tube, nasoduodenal tube and capsule. FMT is now advocated by Scottish Health Protection, the National Institute for Health and Care Excellence and the European Society of Clinical Microbiology and Infectious Diseases for treatment of C.diff infection and is being explored as a treatment for other diseases. Despite being a relatively simple and generally safe procedure, doctors are currently unable to perform the treatment because of the costs and logistical factors associated with finding and processing donations. At the present time, doctors have to source donors and process samples themselves, which is time consuming, unpleasant and not standardised.

EnteroBiotix is a multi-award winning socially conscious biotechnology company that was formed by a compassionate team of medical students, scientists and entrepreneurs. The team are united by a common vision of improving the lives of patients in hospital. We have established a state-of-the-art manufacturing facility in Foresthill and are regulated by the Medicines and Healthcare products Regulatory Agency (MHRA). We provide pre-screened and ready-to-use medicinal products derived from healthy human faecal donations that doctors can use in FMT.

How do I become a stool donor?

If you share in our vision and are interested in becoming a stool donor then there are three steps to follow:

Step 1: Contact us for further information by emailing us at donors@enterobiotix.com
Step 2: A confidential interview with a trained member of the EnteroBiotix staff. A staff member will share and talk you through our donor questionnaire, help answer any questions that you might have about the donation programme and highlight the exclusion criteria that may eliminate you from being a suitable donor. You will be asked to sign a donor consent form prior to donating and a declaration stating that you have answered questions truthfully.

Step 3: A confidential interview and preliminary screening with a registered healthcare professional. A healthcare professional will go through the results of the donor questionnaire with you. If this is successful, you will be invited to provide blood and stool samples to be tested for potentially harmful pathogens (bacteria, viruses or other microorganisms that can cause disease). If these results come back clear, then you will be enrolled onto the donor programme.

If you are successfully enrolled as a donor you will be asked to return every month for repeat stool and blood testing.

How long will the healthcare interview and preliminary screening appointment last? The questionnaire and medical review is similar to those used in blood banks and for organ/tissue transplants. We anticipate that the entire process will last no longer than an hour. You will receive your questionnaire at your consent interview. This can be completed after your consent is done or you can take it home with a prepaid envelope to return it. We will write to your GP in the following circumstances:

• If any of your stool or blood test results warrant further investigation.