

# Diets through the years

1942

2020



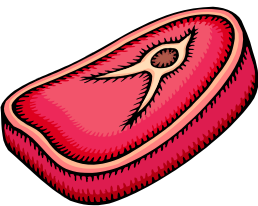
Bananas



Bread



Green Veg



Red Meat



Whole Milk



204 grams  
per person per week



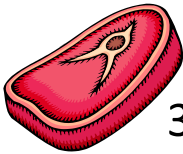
0 grams  
per person per week



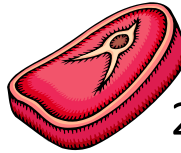
1978 grams  
per person per week



352 grams  
per person per week



391 grams  
per person per week



211 grams  
per person per week



438 grams  
per person per week



192 grams  
per person per week



1718 grams  
per person per week



634 grams  
per person per week