

DEGREE OF BACHELOR OF SCIENCE IN APPLIED SPORTS SCIENCE (04C60570)

**DESIGNATED DEGREE OF BACHELOR OF SCIENCE IN APPLIED SPORTS SCIENCE
(04C60589)**

Students must also comply with the University General Regulations and the Supplementary Regulations for the Degree of Bachelor of Science

All the courses listed below are prescribed for this degree

PROGRAMME YEAR 1 – 120 Credit Points					
First Half Session			Second Half Session		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
PD 1001	Professional Skills Part 1	0			
CM 1020	Chemistry for the Life Sciences	15	CM 1512	Chemistry for the Life Sciences 2	15
SM 1001	Introduction to Medical Sciences	15	SM 1501	The Cell	15
SR 1002	Introduction to the Science of Sport, Exercise and Health	15	SR 1503	Fitness, Performance and Survival	15
Plus 30 credit points from courses of choice					

PROGRAMME YEAR 2 – 120 Credit Points					
First Half-Session			Second Half-Session		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
BI 20B2	Physiology of Human Cells	15	BI 25B2	Physiology of Human Organ Systems	15
SR 2002	The Science of Sports Performance	15	SM 2501	Research Skills for Medical Sciences	15
SR 2004	Principles of Strength and Conditioning	15	SR 2501	Exercise and Health	15
Plus 30 credit points from courses of choice					

PROGRAMME YEAR 3 – 120 Credit Points					
First Half-Session			Second Half-Session		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
PY 3002	Integrative Psychology	30	SR 3512	Applied Practice in Sport 2	15
			Plus one of:		
SR 3023	Sports Psychology	15	SR 3506	Biochemistry and Nutrition of Exercise	30
			SR 3511	Nutrition, Health and Exercise	30
Plus 30 credit points from courses of choice					

PROGRAMME YEAR 4 – 120 Credit Points					
First Half-Session			Second Half-Session		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
SR 4007	Research Topics in Sports Science and Studies	30	SM 4901	Medical Sciences Data Analysis Paper	0
SR 4008	Nutrition, Obesity and Metabolic Health	15	SM 4902	Medical Sciences General Essay Paper	0
Plus 30 credit points from courses of choice			SR 4501	Exercise Science Project	60

Notes	
1.	Programme may only be taken by full-time study.
2.	Honours candidates are required to take both a two hour general examination (SM 4901) and a three hour problem solving examination (SM 4902) at the end of the Final Honours Year.
3.	For Honours students the examinations for courses taken in the Final Honours Year will be held at the end of the session.
4.	Designated Programme: See Supplementary Regulation 1.