

## Individual Meet Results

**Scottish National Short Course Championships 13-Dec-19 to 15-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Sanction: L1/626/SS/DEC19 Location: Roval Commonwealth Pool**

| Time                        | F/P/S   | Event             |      | Place | Points | Improv |
|-----------------------------|---------|-------------------|------|-------|--------|--------|
| <b>Orla Adams (24) F</b>    |         |                   |      |       |        |        |
| 4:42.54S                    | F # 102 | Female 400 IM     | NUAX | 2     | 18     | 2.71   |
| 4:48.65S                    | P # 102 | Female 400 IM     | NUAX | 2     | ---    | 8.82   |
| 2:19.32S                    | P # 108 | Female 200 Back   | NUAX | 26    | ---    | 7.57   |
| 2:15.37S                    | F # 201 | Female 200 IM     | NUAX | 2     | 18     | 1.12   |
| 2:18.45S                    | P # 201 | Female 200 IM     | NUAX | 4     | ---    | 4.20   |
| 2:29.65S                    | F # 207 | Female 200 Breast | NUAX | 7     | 10     | 3.16   |
| 2:34.25S                    | P # 207 | Female 200 Breast | NUAX | 8     | ---    | 7.76   |
| 1:10.55S                    | F # 304 | Female 100 Breast | NUAX | 6     | 11     | 2.46   |
| 1:11.88S                    | P # 304 | Female 100 Breast | NUAX | 8     | ---    | 3.79   |
| 1:04.05S                    | F # 310 | Female 100 IM     | NUAX | 2     | 18     | 0.82   |
| 1:04.82S                    | P # 310 | Female 100 IM     | NUAX | 5     | ---    | 1.59   |
| <b>Gaia Alcaras (17) F</b>  |         |                   |      |       |        |        |
| 4:44.39S                    | F # 102 | Female 400 IM     | NUAX | 3     | 16     | -5.99  |
| 4:53.20S                    | P # 102 | Female 400 IM     | NUAX | 4     | ---    | 2.82   |
| 1:00.70S                    | F # 203 | Female 100 Fly    | NUAX | 7     | 10     | -0.63  |
| 1:01.01S                    | P # 203 | Female 100 Fly    | NUAX | 6     | ---    | -0.32  |
| 4:18.48S                    | F # 211 | Female 400 Free   | NUAX | 5     | 12     | -2.77  |
| 4:20.09S                    | P # 211 | Female 400 Free   | NUAX | 7     | ---    | -1.16  |
| 2:03.57S                    | P # 302 | Female 200 Free   | NUAX | 13    | ---    | -0.79  |
| 2:12.04S                    | F # 308 | Female 200 Fly    | NUAX | 3     | 16     | -2.80  |
| 2:14.69S                    | P # 308 | Female 200 Fly    | NUAX | 6     | ---    | -0.15  |
| <b>James Allison (18) M</b> |         |                   |      |       |        |        |
| 53.65S                      | P # 103 | Male 100 Free     | NUAX | 63    | ---    | -0.05  |
| 26.71S                      | P # 109 | Male 50 Fly       | NUAX | 51    | ---    | 0.36   |
| 2:10.26S                    | P # 208 | Male 200 Fly      | NUAX | 22    | ---    | 1.36   |
| 1:00.22S                    | P # 210 | Male 100 IM       | NUAX | 26    | ---    | 1.12   |
| 2:12.14S                    | P # 301 | Male 200 IM       | NUAX | 37    | ---    | 1.59   |
| 59.49S                      | P # 303 | Male 100 Fly      | NUAX | 46    | ---    | 1.38   |
| 24.40S                      | P # 305 | Male 50 Free      | NUAX | 39    | ---    | -0.34  |
| 24.40S                      | P # 325 | Male 50 Free      | NUAX | 9     | ---    | -0.34  |
| <b>Lewis Baillie (19) M</b> |         |                   |      |       |        |        |
| 30.05S                      | P # 105 | Male 50 Breast    | NUAX | 24    | ---    | -0.78  |
| 1:05.98S                    | P # 204 | Male 100 Breast   | NUAX | 33    | ---    | -1.59  |
| 1:00.32S                    | P # 210 | Male 100 IM       | NUAX | 28    | ---    | -1.68  |
| 1:05.98S                    | P # 224 | Male 100 Breast   | NUAX | 2     | ---    | -1.59  |
| 2:29.49S                    | P # 307 | Male 200 Breast   | NUAX | 34    | ---    | 1.40   |

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**Sanction: L1/626/SS/DEC19 Location: Roval Commonwealth Pool**

| Time                       | F/P/S   | Event                     |      | Place | Points | Improv |
|----------------------------|---------|---------------------------|------|-------|--------|--------|
| <b>Alicea Bain (16) F</b>  |         |                           |      |       |        |        |
| 5:12.65S                   | P # 102 | Female 400 IM             | NUAX | 25    | ---    | 9.20   |
| 1:00.49S                   | P # 104 | Female 100 Free           | NUAX | 83    | ---    | 1.77   |
| 34.98S                     | P # 106 | Female 50 Breast          | NUAX | 39    | ---    | 0.24   |
| 2:24.34S                   | P # 201 | Female 200 IM             | NUAX | 22    | ---    | -2.86  |
| 2:35.99S                   | F # 207 | Female 200 Breast         | NUAX | 11    | 6      | -1.14  |
| 2:37.87S                   | P # 207 | Female 200 Breast         | NUAX | 12    | ---    | 0.74   |
| 27.59S                     | F # 214 | 200 Free Relay Lead Off   | NUAX | ---   | ---    | 0.04   |
| 2:24.34S                   | P # 221 | Female 200 IM             | NUAX | 2     | ---    | -2.86  |
| 2:09.50S                   | P # 302 | Female 200 Free           | NUAX | 58    | ---    | 1.98   |
| 1:15.32S                   | P # 304 | Female 100 Breast         | NUAX | 29    | ---    | 1.87   |
| 1:07.14S                   | F # 310 | Female 100 IM             | NUAX | 14    | 3      | -0.02  |
| 1:07.40S                   | P # 310 | Female 100 IM             | NUAX | 17    | ---    | 0.24   |
| 2:09.50S                   | P # 322 | Female 200 Free           | NUAX | 23    | ---    | 1.98   |
| <b>Katie Bain (19) F</b>   |         |                           |      |       |        |        |
| 29.43S                     | P # 110 | Female 50 Fly             | NUAX | 33    | ---    | -0.19  |
| 29.43S                     | P # 130 | Female 50 Fly             | NUAX | 5     | ---    | -0.19  |
| 1:06.01S                   | P # 203 | Female 100 Fly            | NUAX | 41    | ---    | 0.05   |
| 27.48S                     | P # 205 | Female 50 Free            | NUAX | 47    | ---    | 0.44   |
| 1:06.01S                   | P # 223 | Female 100 Fly            | NUAX | 11    | ---    | 0.05   |
| 27.48S                     | P # 225 | Female 50 Free            | NUAX | 16    | ---    | 0.44   |
| 1:09.42S                   | P # 310 | Female 100 IM             | NUAX | 49    | ---    | 0.62   |
| 1:09.42S                   | P # 330 | Female 100 IM             | NUAX | 17    | ---    | 0.62   |
| <b>Sophie Bain (14) F</b>  |         |                           |      |       |        |        |
| 34.24S                     | P # 106 | Female 50 Breast          | NUAX | 20    | ---    | 0.24   |
| NS                         | P # 207 | Female 200 Breast         | NUAX | ---   | ---    | ---    |
| 1:12.86S                   | F # 304 | Female 100 Breast         | NUAX | 9     | 8      | 0.51   |
| 1:13.40S                   | P # 304 | Female 100 Breast         | NUAX | 12    | ---    | 1.05   |
| 31.72S                     | P # 306 | Female 50 Back            | NUAX | 74    | ---    | -0.21  |
| NS                         | P # 310 | Female 100 IM             | NUAX | ---   | ---    | ---    |
| 31.72S                     | P # 326 | Female 50 Back            | NUAX | 39    | ---    | -0.21  |
| <b>Carl Barrett (18) M</b> |         |                           |      |       |        |        |
| 55.04S                     | P # 103 | Male 100 Free             | NUAX | 74    | ---    | 1.17   |
| 27.58S                     | P # 109 | Male 50 Fly               | NUAX | 72    | ---    | 0.87   |
| 27.33S                     | F # 114 | 200 Medley Relay Lead Off | NUAX | ---   | ---    | -0.15  |
| 55.04S                     | P # 123 | Male 100 Free             | NUAX | 36    | ---    | 1.17   |
| 27.58S                     | P # 129 | Male 50 Fly               | NUAX | 33    | ---    | 0.87   |
| 1:59.00S                   | P # 202 | Male 200 Free             | NUAX | 67    | ---    | 0.42   |
| 27.76S                     | P # 206 | Male 50 Back              | NUAX | 40    | ---    | 0.28   |
| 25.23S                     | F # 213 | 200 Free Relay Lead Off   | NUAX | ---   | ---    | 0.27   |
| 1:59.00S                   | P # 222 | Male 200 Free             | NUAX | 30    | ---    | 0.42   |
| 2:19.39S                   | P # 301 | Male 200 IM               | NUAX | 71    | ---    | -0.18  |
| 1:02.26S                   | P # 303 | Male 100 Fly              | NUAX | 71    | ---    | 2.58   |
| 1:02.40S                   | P # 309 | Male 100 Back             | NUAX | 60    | ---    | 2.06   |
| 1:01.14S                   | F # 313 | 400 Medley Relay Lead Off | NUAX | ---   | ---    | 0.80   |
| 2:19.39S                   | P # 321 | Male 200 IM               | NUAX | 36    | ---    | -0.18  |
| 1:02.40S                   | P # 329 | Male 100 Back             | NUAX | 23    | ---    | 2.06   |

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| Time                         | F/P/S   | Event                   |      | Place | Points | Improv |
|------------------------------|---------|-------------------------|------|-------|--------|--------|
| <b>Matthew Brown (16) M</b>  |         |                         |      |       |        |        |
| 4:57.26S                     | P # 101 | Male 400 IM             | NUAX | 65    | ---    | 3.37   |
| 2:18.55S                     | P # 107 | Male 200 Back           | NUAX | 80    | ---    | 0.75   |
| 9:08.76S                     | F # 111 | Male 800 Free           | NUAX | 39    | ---    | 13.52  |
| 4:57.26S                     | P # 121 | Male 400 IM             | NUAX | 29    | ---    | 3.37   |
| 2:18.55S                     | P # 127 | Male 200 Back           | NUAX | 41    | ---    | 0.75   |
| 17:22.66S                    | F # 212 | Male 1500 Free          | NUAX | 36    | ---    | 34.31  |
| 4:25.68S                     | P # 311 | Male 400 Free           | NUAX | 62    | ---    | 11.52  |
| 4:25.68S                     | P # 331 | Male 400 Free           | NUAX | 28    | ---    | 11.52  |
| <b>Kate Cassidy (15) F</b>   |         |                         |      |       |        |        |
| 2:35.38S                     | P # 308 | Female 200 Fly          | NUAX | 66    | ---    | 2.46   |
| 2:35.38S                     | P # 328 | Female 200 Fly          | NUAX | 29    | ---    | 2.46   |
| <b>George Cowan (18) M</b>   |         |                         |      |       |        |        |
| 4:51.88S                     | P # 101 | Male 400 IM             | NUAX | 57    | ---    | 13.13  |
| 2:14.15S                     | P # 107 | Male 200 Back           | NUAX | 51    | ---    | 4.01   |
| 1:59.42S                     | P # 202 | Male 200 Free           | NUAX | 68    | ---    | 1.50   |
| 2:16.59S                     | P # 208 | Male 200 Fly            | NUAX | 49    | ---    | 0.89   |
| 1:59.42S                     | P # 222 | Male 200 Free           | NUAX | 31    | ---    | 1.50   |
| <b>Jamie Eason (22) M</b>    |         |                         |      |       |        |        |
| 1:08.13S                     | P # 204 | Male 100 Breast         | NUAX | 50    | ---    | 0.39   |
| 23.93S                       | F # 213 | 200 Free Relay Lead Off | NUAX | ---   | ---    | -0.32  |
| 1:08.13S                     | P # 224 | Male 100 Breast         | NUAX | 12    | ---    | 0.39   |
| 23.96S                       | P # 305 | Male 50 Free            | NUAX | 21    | ---    | -0.29  |
| <b>Sarah Fraser (18) F</b>   |         |                         |      |       |        |        |
| 2:31.84S                     | P # 108 | Female 200 Back         | NUAX | 67    | ---    | 11.53  |
| 2:31.84S                     | P # 128 | Female 200 Back         | NUAX | 31    | ---    | 11.53  |
| 1:10.04S                     | P # 209 | Female 100 Back         | NUAX | 74    | ---    | 4.54   |
| 1:10.04S                     | P # 229 | Female 100 Back         | NUAX | 36    | ---    | 4.54   |
| 31.80S                       | P # 306 | Female 50 Back          | NUAX | 78    | ---    | 0.91   |
| 1:13.31S                     | P # 310 | Female 100 IM           | NUAX | 84    | ---    | 3.85   |
| 31.80S                       | P # 326 | Female 50 Back          | NUAX | 43    | ---    | 0.91   |
| 1:13.31S                     | P # 330 | Female 100 IM           | NUAX | 47    | ---    | 3.85   |
| <b>Ceri Gillespie (14) F</b> |         |                         |      |       |        |        |
| 2:25.26S                     | P # 108 | Female 200 Back         | NUAX | 49    | ---    | -0.55  |
| 9:26.45S                     | F # 112 | Female 800 Free         | NUAX | 27    | ---    | -5.82  |
| 2:25.26S                     | P # 128 | Female 200 Back         | NUAX | 15    | ---    | -0.55  |
| 4:38.17S                     | P # 211 | Female 400 Free         | NUAX | 43    | ---    | 4.48   |
| 4:38.17S                     | P # 231 | Female 400 Free         | NUAX | 12    | ---    | 4.48   |
| 2:09.47S                     | P # 302 | Female 200 Free         | NUAX | 57    | ---    | -0.90  |
| 1:11.12S                     | P # 310 | Female 100 IM           | NUAX | 77    | ---    | 0.44   |
| 18:03.94S                    | F # 312 | Female 1500 Free        | NUAX | 17    | ---    | -31.07 |
| 2:09.47S                     | P # 322 | Female 200 Free         | NUAX | 22    | ---    | -0.90  |
| 1:11.12S                     | P # 330 | Female 100 IM           | NUAX | 40    | ---    | 0.44   |

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| Time                           | F/P/S   | Event                     |      | Place | Points | Improv |
|--------------------------------|---------|---------------------------|------|-------|--------|--------|
| <b>Emily Grant (22) F</b>      |         |                           |      |       |        |        |
| 58.05S                         | P # 104 | Female 100 Free           | NUAX | 32    | ---    | -0.21  |
| 28.89S                         | F # 113 | 200 Medley Relay Lead Off | NUAX | ---   | ---    | 0.36   |
| 58.05S                         | P # 124 | Female 100 Free           | NUAX | 3     | ---    | -0.21  |
| 1:01.99S                       | F # 209 | Female 100 Back           | NUAX | 9     | 8      | 0.71   |
| 1:02.48S                       | P # 209 | Female 100 Back           | NUAX | 9     | ---    | 1.20   |
| 28.91S                         | F # 306 | Female 50 Back            | NUAX | 7     | 10     | 0.38   |
| 29.04S                         | P # 306 | Female 50 Back            | NUAX | 8     | ---    | 0.51   |
| <b>Kailyn Hall (15) F</b>      |         |                           |      |       |        |        |
| 59.80S                         | P # 104 | Female 100 Free           | NUAX | 67    | ---    | -0.18  |
| 9:00.05S                       | F # 112 | Female 800 Free           | NUAX | 9     | 8      | -8.32  |
| 59.80S                         | P # 124 | Female 100 Free           | NUAX | 30    | ---    | -0.18  |
| 2:26.39S                       | P # 201 | Female 200 IM             | NUAX | 33    | ---    | 0.27   |
| 2:40.15S                       | P # 207 | Female 200 Breast         | NUAX | 16    | ---    | -4.86  |
| 2:40.32S                       | F # 207 | Female 200 Breast         | NUAX | 15    | 2      | -4.69  |
| 4:24.88S                       | F # 211 | Female 400 Free           | NUAX | 13    | 4      | -0.14  |
| 4:25.47S                       | P # 211 | Female 400 Free           | NUAX | 14    | ---    | 0.45   |
| 2:26.39S                       | P # 221 | Female 200 IM             | NUAX | 5     | ---    | 0.27   |
| 2:07.23S                       | P # 302 | Female 200 Free           | NUAX | 31    | ---    | -0.61  |
| 17:22.18S                      | F # 312 | Female 1500 Free          | NUAX | 8     | 9      | -6.79  |
| <b>Amber Jaffrey (17) F</b>    |         |                           |      |       |        |        |
| 2:24.67S                       | P # 108 | Female 200 Back           | NUAX | 47    | ---    | 0.97   |
| 2:24.67S                       | P # 128 | Female 200 Back           | NUAX | 13    | ---    | 0.97   |
| 1:07.36S                       | P # 209 | Female 100 Back           | NUAX | 60    | ---    | 1.08   |
| 1:07.36S                       | P # 229 | Female 100 Back           | NUAX | 23    | ---    | 1.08   |
| 1:19.99S                       | P # 304 | Female 100 Breast         | NUAX | 84    | ---    | 1.43   |
| 31.41S                         | P # 306 | Female 50 Back            | NUAX | 64    | ---    | ---    |
| 1:10.51S                       | P # 310 | Female 100 IM             | NUAX | 71    | ---    | 0.51   |
| 1:19.99S                       | P # 324 | Female 100 Breast         | NUAX | 49    | ---    | 1.43   |
| 31.41S                         | P # 326 | Female 50 Back            | NUAX | 29    | ---    | ---    |
| 1:10.51S                       | P # 330 | Female 100 IM             | NUAX | 35    | ---    | 0.51   |
| <b>Calvin MacDonald (13) M</b> |         |                           |      |       |        |        |
| 2:18.52S                       | P # 107 | Male 200 Back             | NUAX | 79    | ---    | 1.12   |
| 2:18.52S                       | P # 127 | Male 200 Back             | NUAX | 40    | ---    | 1.12   |

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| Time                          | F/P/S   | Event                     |      | Place | Points | Improv |
|-------------------------------|---------|---------------------------|------|-------|--------|--------|
| <b>Mairi MacDonald (16) F</b> |         |                           |      |       |        |        |
| 1:00.05S                      | P # 104 | Female 100 Free           | NUAX | 72    | ---    | -0.30  |
| 30.41S                        | P # 110 | Female 50 Fly             | NUAX | 63    | ---    | 0.50   |
| 31.04S                        | F # 113 | 200 Medley Relay Lead Off | NUAX | ---   | ---    | 0.16   |
| 1:00.05S                      | P # 124 | Female 100 Free           | NUAX | 35    | ---    | -0.30  |
| 30.41S                        | P # 130 | Female 50 Fly             | NUAX | 24    | ---    | 0.50   |
| 2:32.65S                      | P # 201 | Female 200 IM             | NUAX | 62    | ---    | 3.48   |
| 28.05S                        | P # 205 | Female 50 Free            | NUAX | 68    | ---    | 0.53   |
| 1:08.40S                      | P # 209 | Female 100 Back           | NUAX | 72    | ---    | 2.44   |
| 2:32.65S                      | P # 221 | Female 200 IM             | NUAX | 26    | ---    | 3.48   |
| 28.05S                        | P # 225 | Female 50 Free            | NUAX | 31    | ---    | 0.53   |
| 1:08.40S                      | P # 229 | Female 100 Back           | NUAX | 34    | ---    | 2.44   |
| NS                            | P # 306 | Female 50 Back            | NUAX | ---   | ---    | ---    |
| NS                            | P # 310 | Female 100 IM             | NUAX | ---   | ---    | ---    |
| NS                            | P # 326 | Female 50 Back            | NUAX | ---   | ---    | ---    |
| NS                            | P # 330 | Female 100 IM             | NUAX | ---   | ---    | ---    |
| <b>Stuart McIntosh (26) M</b> |         |                           |      |       |        |        |
| 57.54S                        | F # 313 | 400 Medley Relay Lead Off | NUAX | ---   | ---    | 2.54   |
| <b>Gemma McLeod (18) F</b>    |         |                           |      |       |        |        |
| 1:00.15S                      | P # 104 | Female 100 Free           | NUAX | 76    | ---    | 0.34   |
| 30.44S                        | P # 110 | Female 50 Fly             | NUAX | 65    | ---    | 0.56   |
| 1:00.15S                      | P # 124 | Female 100 Free           | NUAX | 39    | ---    | 0.34   |
| 30.44S                        | P # 130 | Female 50 Fly             | NUAX | 26    | ---    | 0.56   |
| 27.73S                        | P # 205 | Female 50 Free            | NUAX | 59    | ---    | 0.30   |
| 27.73S                        | P # 225 | Female 50 Free            | NUAX | 23    | ---    | 0.30   |
| 31.56S                        | P # 306 | Female 50 Back            | NUAX | 71    | ---    | 0.48   |
| 1:11.43S                      | P # 310 | Female 100 IM             | NUAX | 79    | ---    | 0.83   |
| 31.56S                        | P # 326 | Female 50 Back            | NUAX | 36    | ---    | 0.48   |
| 1:11.43S                      | P # 330 | Female 100 IM             | NUAX | 42    | ---    | 0.83   |
| <b>Hannah Miley (30) F</b>    |         |                           |      |       |        |        |
| 4:34.25S                      | F # 102 | Female 400 IM             | NUAX | 1     | 20     | 11.11  |
| 4:41.01S                      | P # 102 | Female 400 IM             | NUAX | 1     | ---    | 17.87  |
| 32.21S                        | F # 106 | Female 50 Breast          | NUAX | 5     | 12     | 0.08   |
| 32.60S                        | P # 106 | Female 50 Breast          | NUAX | 4     | ---    | 0.47   |
| 2:13.27S                      | F # 201 | Female 200 IM             | NUAX | 1     | 20     | 7.06   |
| 2:15.76S                      | P # 201 | Female 200 IM             | NUAX | 2     | ---    | 9.55   |
| 2:26.59S                      | F # 207 | Female 200 Breast         | NUAX | 3     | 16     | 5.98   |
| 2:30.96S                      | P # 207 | Female 200 Breast         | NUAX | 5     | ---    | 10.35  |
| 4:12.83S                      | F # 211 | Female 400 Free           | NUAX | 2     | 18     | 12.44  |
| 4:14.96S                      | P # 211 | Female 400 Free           | NUAX | 2     | ---    | 14.57  |
| 2:00.88S                      | P # 302 | Female 200 Free           | NUAX | 6     | ---    | 4.79   |
| 2:13.84S                      | P # 308 | Female 200 Fly            | NUAX | 3     | ---    | 5.69   |
| 1:03.82S                      | P # 310 | Female 100 IM             | NUAX | 1     | ---    | 2.79   |

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| Time                          | F/P/S   | Event           |      | Place | Points | Improv |
|-------------------------------|---------|-----------------|------|-------|--------|--------|
| <b>Conner Morrison (22) M</b> |         |                 |      |       |        |        |
| 30.41S                        | P # 105 | Male 50 Breast  | NUAX | 29    | ---    | 0.32   |
| 1:05.37S                      | P # 204 | Male 100 Breast | NUAX | 25    | ---    | -0.37  |
| 1:01.38S                      | P # 210 | Male 100 IM     | NUAX | 39    | ---    | -1.01  |
| 1:01.38S                      | P # 230 | Male 100 IM     | NUAX | 6     | ---    | -1.01  |
| 2:17.78S                      | P # 301 | Male 200 IM     | NUAX | 69    | ---    | 1.10   |
| 2:24.40S                      | P # 307 | Male 200 Breast | NUAX | 25    | ---    | -2.80  |
| 2:17.78S                      | P # 321 | Male 200 IM     | NUAX | 34    | ---    | 1.10   |
| <b>Sienna Perry (14) F</b>    |         |                 |      |       |        |        |
| 59.68S                        | P # 104 | Female 100 Free | NUAX | 65    | ---    | -0.44  |
| 2:22.99S                      | P # 108 | Female 200 Back | NUAX | 41    | ---    | -1.40  |
| 59.68S                        | P # 124 | Female 100 Free | NUAX | 28    | ---    | -0.44  |
| 2:22.99S                      | P # 128 | Female 200 Back | NUAX | 7     | ---    | -1.40  |
| 28.02S                        | P # 205 | Female 50 Free  | NUAX | 67    | ---    | 0.42   |
| 4:34.31S                      | P # 211 | Female 400 Free | NUAX | 32    | ---    | 2.49   |
| 28.02S                        | P # 225 | Female 50 Free  | NUAX | 30    | ---    | 0.42   |
| NS                            | P # 302 | Female 200 Free | NUAX | ---   | ---    | ---    |
| NS                            | P # 310 | Female 100 IM   | NUAX | ---   | ---    | ---    |
| NS                            | P # 322 | Female 200 Free | NUAX | ---   | ---    | ---    |
| NS                            | P # 330 | Female 100 IM   | NUAX | ---   | ---    | ---    |
| <b>Yasmin Perry (18) F</b>    |         |                 |      |       |        |        |
| 56.68S                        | P # 104 | Female 100 Free | NUAX | 17    | ---    | -0.11  |
| 27.32S                        | F # 110 | Female 50 Fly   | NUAX | 4     | 13     | 0.02   |
| 27.66S                        | P # 110 | Female 50 Fly   | NUAX | 4     | ---    | 0.36   |
| 59.99S                        | F # 203 | Female 100 Fly  | NUAX | 6     | 11     | 0.14   |
| 1:00.79S                      | P # 203 | Female 100 Fly  | NUAX | 5     | ---    | 0.94   |
| 26.08S                        | P # 205 | Female 50 Free  | NUAX | 7     | ---    | 0.20   |
| 26.17S                        | F # 205 | Female 50 Free  | NUAX | 7     | 10     | 0.29   |
| 29.67S                        | P # 306 | Female 50 Back  | NUAX | 14    | ---    | 0.18   |
| 2:13.70S                      | F # 308 | Female 200 Fly  | NUAX | 6     | 11     | -0.34  |
| 2:16.09S                      | P # 308 | Female 200 Fly  | NUAX | 7     | ---    | 2.05   |
| 1:04.72S                      | P # 310 | Female 100 IM   | NUAX | 2     | ---    | -0.21  |
| 1:05.14S                      | F # 310 | Female 100 IM   | NUAX | 5     | 12     | 0.21   |
| <b>Tom Robinson (19) M</b>    |         |                 |      |       |        |        |
| 4:32.68S                      | P # 101 | Male 400 IM     | NUAX | 16    | ---    | -2.98  |
| 4:33.06S                      | F # 101 | Male 400 IM     | NUAX | 14    | 3      | -2.60  |
| 31.09S                        | P # 105 | Male 50 Breast  | NUAX | 44    | ---    | -0.18  |
| 31.09S                        | P # 125 | Male 50 Breast  | NUAX | 8     | ---    | -0.18  |
| 1:05.81S                      | P # 204 | Male 100 Breast | NUAX | 32    | ---    | -2.14  |
| 2:11.09S                      | P # 208 | Male 200 Fly    | NUAX | 26    | ---    | 2.58   |
| 1:05.81S                      | P # 224 | Male 100 Breast | NUAX | 1     | ---    | -2.14  |
| 2:07.14S                      | F # 301 | Male 200 IM     | NUAX | 15    | 2      | -4.71  |
| 2:08.30S                      | P # 301 | Male 200 IM     | NUAX | 18    | ---    | -3.55  |

## Individual Meet Results

**Scottish National Short Course Championships 13-Dec-19 to 15-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Sanction: L1/626/SS/DEC19 Location: Roval Commonwealth Pool**

| Time                           | F/P/S   | Event            |      | Place | Points | Improv |
|--------------------------------|---------|------------------|------|-------|--------|--------|
| <b>Angus Rutherford (18) M</b> |         |                  |      |       |        |        |
| 8:31.92S                       | F # 111 | Male 800 Free    | NUAX | 14    | 3      | 0.47   |
| 1:57.93S                       | P # 202 | Male 200 Free    | NUAX | 55    | ---    | -0.01  |
| 16:18.85S                      | F # 212 | Male 1500 Free   | NUAX | 10    | 7      | 5.75   |
| 1:57.93S                       | P # 222 | Male 200 Free    | NUAX | 19    | ---    | -0.01  |
| 1:01.49S                       | P # 303 | Male 100 Fly     | NUAX | 64    | ---    | 0.51   |
| 4:10.36S                       | P # 311 | Male 400 Free    | NUAX | 29    | ---    | 1.77   |
| 1:01.49S                       | P # 323 | Male 100 Fly     | NUAX | 29    | ---    | 0.51   |
| <b>Holly Shand (16) F</b>      |         |                  |      |       |        |        |
| 5:10.53S                       | P # 102 | Female 400 IM    | NUAX | 21    | ---    | 4.91   |
| 58.70S                         | P # 104 | Female 100 Free  | NUAX | 40    | ---    | 0.11   |
| 2:22.26S                       | P # 108 | Female 200 Back  | NUAX | 35    | ---    | 5.53   |
| 58.70S                         | P # 124 | Female 100 Free  | NUAX | 8     | ---    | 0.11   |
| 2:24.35S                       | P # 201 | Female 200 IM    | NUAX | 23    | ---    | 0.48   |
| 26.87S                         | P # 205 | Female 50 Free   | NUAX | 21    | ---    | -0.27  |
| 1:04.95S                       | P # 209 | Female 100 Back  | NUAX | 32    | ---    | 0.87   |
| 26.87S                         | P # 225 | Female 50 Free   | NUAX | 3     | ---    | -0.27  |
| 2:10.20S                       | P # 302 | Female 200 Free  | NUAX | 64    | ---    | 0.90   |
| 31.11S                         | P # 306 | Female 50 Back   | NUAX | 55    | ---    | 0.46   |
| 1:06.49S                       | F # 310 | Female 100 IM    | NUAX | 12    | 5      | -0.38  |
| 1:06.91S                       | P # 310 | Female 100 IM    | NUAX | 14    | ---    | 0.04   |
| 2:10.20S                       | P # 322 | Female 200 Free  | NUAX | 28    | ---    | 0.90   |
| 31.11S                         | P # 326 | Female 50 Back   | NUAX | 20    | ---    | 0.46   |
| <b>Toni Shaw (16) F</b>        |         |                  |      |       |        |        |
| 1:07.42S                       | P # 203 | Female 100 Fly   | NUAX | 58    | ---    | -0.11  |
| 4:40.05S                       | P # 211 | Female 400 Free  | NUAX | 49    | ---    | -2.61  |
| 1:07.42S                       | P # 223 | Female 100 Fly   | NUAX | 23    | ---    | -0.11  |
| 4:40.05S                       | P # 231 | Female 400 Free  | NUAX | 17    | ---    | -2.61  |
| NS                             | P # 308 | Female 200 Fly   | NUAX | ---   | ---    | ---    |
| NS                             | P # 328 | Female 200 Fly   | NUAX | ---   | ---    | ---    |
| <b>Holly Simpson (15) F</b>    |         |                  |      |       |        |        |
| 5:22.27S                       | P # 102 | Female 400 IM    | NUAX | 51    | ---    | 3.07   |
| 5:22.27S                       | P # 122 | Female 400 IM    | NUAX | 18    | ---    | 3.07   |
| 2:30.39S                       | P # 308 | Female 200 Fly   | NUAX | 44    | ---    | 0.55   |
| 18:11.53S                      | F # 312 | Female 1500 Free | NUAX | 22    | ---    | -17.43 |
| 2:30.39S                       | P # 328 | Female 200 Fly   | NUAX | 8     | ---    | 0.55   |
| <b>Any Slessor (15) F</b>      |         |                  |      |       |        |        |
| 1:02.19S                       | P # 104 | Female 100 Free  | NUAX | 97    | ---    | 3.15   |
| 28.55S                         | F # 110 | Female 50 Fly    | NUAX | 12    | 5      | 0.62   |
| 28.62S                         | P # 110 | Female 50 Fly    | NUAX | 14    | ---    | 0.69   |
| 1:02.19S                       | P # 124 | Female 100 Free  | NUAX | 59    | ---    | 3.15   |
| 1:07.48S                       | P # 203 | Female 100 Fly   | NUAX | 59    | ---    | 3.77   |
| 27.91S                         | P # 205 | Female 50 Free   | NUAX | 64    | ---    | 0.90   |
| 2:17.06S                       | P # 302 | Female 200 Free  | NUAX | 79    | ---    | 7.05   |
| 2:29.35S                       | P # 308 | Female 200 Fly   | NUAX | 40    | ---    | 8.95   |
| 2:17.06S                       | P # 322 | Female 200 Free  | NUAX | 42    | ---    | 7.05   |

## Individual Meet Results

**Scottish National Short Course Championships 13-Dec-19 to 15-Dec-19 [Ageup: 31/12/2019] SC Meters**

**Sanction: L1/626/SS/DEC19 Location: Roval Commonwealth Pool**

| Time                             | F/P/S   | Event                     |      | Place | Points | Improv |
|----------------------------------|---------|---------------------------|------|-------|--------|--------|
| <b>Katherine Stark (21) F</b>    |         |                           |      |       |        |        |
| 55.39S                           | P # 104 | Female 100 Free           | NUAX | 7     | ---    | 1.35   |
| 55.53S                           | F # 104 | Female 100 Free           | NUAX | 8     | 9      | 1.49   |
| 25.62S                           | F # 205 | Female 50 Free            | NUAX | 4     | 13     | 0.25   |
| 25.70S                           | P # 205 | Female 50 Free            | NUAX | 3     | ---    | 0.33   |
| 25.98S                           | F # 214 | 200 Free Relay Lead Off   | NUAX | ---   | ---    | 0.61   |
| <b>Mhairi Swanson (20) F</b>     |         |                           |      |       |        |        |
| 2:17.98S                         | P # 108 | Female 200 Back           | NUAX | 20    | ---    | -0.92  |
| 2:17.98S                         | P # 128 | Female 200 Back           | NUAX | 2     | ---    | -0.92  |
| 2:20.03S                         | F # 201 | Female 200 IM             | NUAX | 7     | 10     | -1.68  |
| 2:21.47S                         | P # 201 | Female 200 IM             | NUAX | 9     | ---    | -0.24  |
| 1:04.02S                         | P # 209 | Female 100 Back           | NUAX | 21    | ---    | -0.49  |
| 2:07.89S                         | P # 302 | Female 200 Free           | NUAX | 42    | ---    | 1.25   |
| 30.09S                           | P # 306 | Female 50 Back            | NUAX | 29    | ---    | 0.03   |
| 1:05.39S                         | F # 310 | Female 100 IM             | NUAX | 7     | 10     | -0.62  |
| 1:05.68S                         | P # 310 | Female 100 IM             | NUAX | 8     | ---    | -0.33  |
| <b>Jon Taylor (15) M</b>         |         |                           |      |       |        |        |
| 4:49.36S                         | P # 101 | Male 400 IM               | NUAX | 46    | ---    | -0.07  |
| 8:33.94S                         | F # 111 | Male 800 Free             | NUAX | 15    | 2      | -3.05  |
| 4:49.36S                         | P # 121 | Male 400 IM               | NUAX | 14    | ---    | -0.07  |
| 2:14.55S                         | P # 208 | Male 200 Fly              | NUAX | 36    | ---    | -2.60  |
| 16:29.51S                        | F # 212 | Male 1500 Free            | NUAX | 13    | 4      | 15.52  |
| 2:14.55S                         | P # 228 | Male 200 Fly              | NUAX | 5     | ---    | -2.60  |
| 2:17.70S DQ                      | P # 301 | Male 200 IM               | NUAX | ---   | ---    | ---    |
| 4:12.74S                         | P # 311 | Male 400 Free             | NUAX | 39    | ---    | -0.16  |
| 2:17.70S DQ                      | P # 321 | Male 200 IM               | NUAX | ---   | ---    | ---    |
| 4:12.74S                         | P # 331 | Male 400 Free             | NUAX | 12    | ---    | -0.16  |
| <b>Cameron Travis (15) M</b>     |         |                           |      |       |        |        |
| 4:45.84S                         | P # 101 | Male 400 IM               | NUAX | 37    | ---    | 5.07   |
| 2:10.68S                         | P # 107 | Male 200 Back             | NUAX | 37    | ---    | 2.60   |
| 1:58.55S                         | P # 202 | Male 200 Free             | NUAX | 62    | ---    | 0.65   |
| 27.62S                           | P # 206 | Male 50 Back              | NUAX | 35    | ---    | 0.19   |
| 1:00.60S                         | P # 309 | Male 100 Back             | NUAX | 46    | ---    | 1.22   |
| 4:13.97S                         | P # 311 | Male 400 Free             | NUAX | 44    | ---    | 5.69   |
| 59.45S                           | F # 313 | 400 Medley Relay Lead Off | NUAX | ---   | ---    | 0.07   |
| <b>Erin Urquhart (13) F</b>      |         |                           |      |       |        |        |
| 2:26.45S                         | P # 108 | Female 200 Back           | NUAX | 57    | ---    | 0.01   |
| 2:26.45S                         | P # 128 | Female 200 Back           | NUAX | 22    | ---    | 0.01   |
| 1:08.07S                         | P # 209 | Female 100 Back           | NUAX | 67    | ---    | 0.17   |
| 1:08.07S                         | P # 229 | Female 100 Back           | NUAX | 29    | ---    | 0.17   |
| <b>Aimee Jessie Young (18) F</b> |         |                           |      |       |        |        |
| 35.26S                           | P # 106 | Female 50 Breast          | NUAX | 51    | ---    | 0.20   |
| 35.26S                           | P # 126 | Female 50 Breast          | NUAX | 15    | ---    | 0.20   |
| 2:46.61S                         | P # 207 | Female 200 Breast         | NUAX | 44    | ---    | -2.02  |
| 2:46.61S                         | P # 227 | Female 200 Breast         | NUAX | 13    | ---    | -2.02  |
| 1:17.54S                         | P # 304 | Female 100 Breast         | NUAX | 56    | ---    | -0.27  |
| 1:17.54S                         | P # 324 | Female 100 Breast         | NUAX | 24    | ---    | -0.27  |

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**Individual Meet Results****Scottish National Short Course Championships 13-Dec-19 to 15-Dec-19 [Ageup: 31/12/2019] SC Meters****Sanction: L1/626/SS/DEC19 Location: Roval Commonwealth Pool**

| <b>Time</b>               | <b>F/P/S</b> | <b>Event</b>              |      | <b>Place</b> | <b>Points</b> | <b>Improv</b> |
|---------------------------|--------------|---------------------------|------|--------------|---------------|---------------|
| <b>Calum Young (19) M</b> |              |                           |      |              |               |               |
| 27.39S                    | F # 114      | 200 Medley Relay Lead Off | NUAX | ---          | ---           | -0.41         |
| 27.84S                    | P # 206      | Male 50 Back              | NUAX | 42           | ---           | 0.04          |
| 27.84S                    | P # 226      | Male 50 Back              | NUAX | 9            | ---           | 0.04          |
| 24.96S                    | P # 305      | Male 50 Free              | NUAX | 59           | ---           | -0.23         |
| 1:03.16S                  | P # 309      | Male 100 Back             | NUAX | 65           | ---           | 2.31          |
| 24.96S                    | P # 325      | Male 50 Free              | NUAX | 22           | ---           | -0.23         |
| 1:03.16S                  | P # 329      | Male 100 Back             | NUAX | 28           | ---           | 2.31          |