Working with Chronic Pain: Assessment of impacts (WORC-PAIN) – supplementary items for individual conversations about working with chronic pain and/or specific research interests

The items below reflect items not included in the final WORC-PAIN questionnaire. These can provide detail on aspects related to disclosure, physical job modifications, compensating for pain, relationships with others, medication, accidents and future expectations about work. These items may be usefully included as descriptive items in studies with a specific research interest in these areas, and/or may serve as useful prompts for guiding further constructive individual-level conversations about work within a clinical context.

Disclosure & communication about pain at work	
Please indicate whether you think each of the following people believes you when you say you're in pain. Employer (e.g. human resources, directors, etc.) Line manager/supervisor Colleague(s) Clients or customers	Not at all; Some of the time; Most or all of the time; N/A
Please indicate your agreement with the following statements. I am happy to ask for help at work when I'm in pain. I try to hide my pain from people I work with. Other people at work do not understand/empathise with my pain	Not at all; Some of the time; Most or all of the time; N/A
If you haven't told anyone at work about your pain, why not? My pain does not affect my work My pain is a private matter People I work with might think I am less capable I was concerned that I would not be offered the job in the first place I feel my job may be less secure I feel people at work might not believe me	Main reason; Part of the reason; Not a reason; N/A
Physical job modifications	
Please indicate your agreement with the following statement. I feel I have adequate physical or assistive job modifications in place for my pain at work (e.g. desk, chair, software, tools)	Strongly agree; Agree; Disagree; Strongly disagree; N/A
Compensating for pain & comparison with others	
In the **last two weeks** at work, how common were each of the following? **I had a <u>bad day</u> with <u>more pain</u> and** My work was not affected **I had a <u>good day</u> with <u>less pain</u> and** I worked a lot harder to make up for my bad days I worked a little harder to make up for my bad days I did not work harder to make up for my bad days	Never; Rarely; Sometimes; Often; Always
When thinking about your pain at work, how often do you feel the following statements are true?	Never; Rarely; Sometimes; Often; Always
I work as hard as other people I work with People I work with believe I am a burden	
Relationships at work	

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I am less sociable with colleagues	Never; Rarely; Sometimes; Often; Always
Medication	
Thinking about ANY medication you may take for your pain and other conditions (including prescriptions and over-the-counter medications). Please indicate how often the following occur: My medication improves my ability to work The side effects of my medication reduce my ability to work	None of the time; Some of the time; Most or all of the time; N/A
Accidents	
How often does each of the following occur at work because of your pain? I have had (or nearly had) accidents I worry that I will have accidents	Never; Rarely; Sometimes; Often; Always
Future expectations	
Please indicate your agreement with the following statements **Because of your pain do you think you will <u>in the future</u>:** Change jobs Become self-employed Stop doing overtime/extra hours	Strongly disagree; Disagree; Neutral; Agree; Strongly agree

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