



**NIHR Global Health Research Group on Promoting Children's and Adolescent's Mental Wellbeing in
sub-Saharan Africa**

Agenda Policy Event (Half Day: Friday 15/05/2026)

**University of Rwanda, Head Office Building (located in Camp Kigali, Kigali, Rwanda),
First Floor, Smart Classroom 111.**

Time	Activity	Responsible
08:30-9:00	Registration & networking	Project Team
09:00-09:20	Welcome and official opening remarks	Dr. Raymond Ndikumana, UR Deputy Vice Chancellor for Strategic Planning and Administration
9:20-9:25	Mindful practice	Isaie Manirihose, GS Cyapa
09:25-10:15	Keynote: The biological unlock-beyond structural inputs to cognitive readiness	Prof. Pamela Abbott (presented by Dr. Rachel Shanks), University of Aberdeen
10:15-10:45	Community engagement and involvement	Prof. Laetitia Nyirazinyoye, University of Rwanda-College of Medicine and Health Sciences
10:45-11:15	Coffee break & networking	All participants
11:15-11:45	The bridge in practice: how mindfulness can work	Niamh Bruce, University of Aberdeen Emilienne Kiberinka, GS Rwaswa and Fidele Niyitegeka, GS Rwaswa
11:45-12:30	Cultural adaptation and future routes	Niamh Bruce, University of Aberdeen Ali Kaleeba, University of Rwanda-College of Education, François Nkurunziza, Community Representative Kesia Ahobamfatiye, TTC Kirambo
12:30-13:00	Summing up & the way forward	Prof. Wenceslas Nzabwirwa, University of Rwanda-College of Education
13:00	Networking lunch	All Participants

Moderators: Dr. Clarisse Simbi & Dr. Ivan Gahima (University of Rwanda-College of Medicine and Health Sciences)