

# PSYCHOLOGY

## CAREERS NETWORKING EVENT

Thursday 6 March 4-6pm  
Elphinstone Hall

- Connect with organisations and employers for careers advice
- Find out about further study opportunities



*[correct as of 03/03/2025]*

The Careers and Employability Service are delighted to welcome you to the Psychology Networking Event. Ask lots of questions and put yourself out there! We are available to help you make the most of the event, visit our stand if you aren't sure where to start.

At the fair we will also be providing CV feedback for students. Please come prepared with your CV on a phone, laptop or printed out.

## Tips on attending the event

Attending a networking event can be a daunting prospect, particularly if this is your first event of this type and you have not spoken to many employers or organisations in the past. However, there are some simple things you can do to make the most of the event:

- **Plan your time and consider who you want to talk, giving yourself plenty of time to speak to exhibitors.** Avoid waiting at busy stands and consider using the time to speak to other exhibitors of interest.
- It is best to **go around the fair on your own**, rather than in large groups, so you can ask your own questions and make an individual impression. Don't be content with listening into other conversations, ask your own questions.
- **Ask for the name of any representatives** with whom you have a conversation, ask them if you can connect with them on LinkedIn and make contact with them after the event.
- If you are not sure where to start when you arrive, then **come and speak to us at the Careers and Employability Service stand** to give you time to settle any nerves and form a plan.
- **Do some research on the organisations** who will be attending the event.
  
- **We're here to help.** If you are at all worried or have questions, come and find us at the Careers and Employability Service stand and, hopefully, we can point you in the right direction. Julia Leng, Madge Jackson and Gary Coull have organised the event and would be happy to answer any questions you have on the day.

If you are reading this in advance, you can find more tips on how to prepare for the event by checking out our [mini-career course about preparing for career fairs](#). Although this event is not technically a careers fair, much of the advice in the course can be applied to networking events.

Below is a table with information about each of the stands. There will be a floor plan at the event which will detail where to find each exhibitor.

<p><a href="#"><u>Careers and Employability Service</u></a></p>	<p>Our vision is to inspire and support the career journeys of University of Aberdeen students and graduates through collaboration, innovation and professionalism.</p> <p>Our mission is to provide the opportunity to:</p> <ul style="list-style-type: none"> <li>• Explore options, enabling individuals to make informed choices about their future through accessible, approachable and effective careers education, information and guidance.</li> <li>• Develop employability skills, confidence and experience through innovative curricular, co-curricular and work-related activities in collaboration with university colleagues and employers.</li> <li>• Connect our University community with regional, national and global employers and organisations, to build effective partnerships and create diverse opportunities.</li> </ul> <p>At the fair we will also be providing CV feedback for students. Please come prepared with your CV on a phone, laptop or printed out.</p>
<p><a href="#"><u>Aberdeenshire Council</u></a></p>	<p>With over 15,000 employees covering wide variety of occupational areas, Aberdeenshire Council is one of the largest local authorities in Scotland. We offer employment and career opportunities and a healthy work/life balance is important to us. Enjoying your work is the first step to ensuring you can relax and enjoy your home life too.</p> <p>Educational Psychologists (EPs) aim to make a positive difference to the lives of all children and young people across Aberdeenshire from pre-birth to 24 years old. This is achieved through working collaboratively with children, young people, families, educational staff, local authority colleagues and a wide range of other professionals.</p> <p>We have skills in problem analysis and solution-oriented discussion and apply our knowledge of psychology and child development to improve experiences, outcomes and opportunities for all children and young people. We also carry out research and help develop policy and practice.</p> <p>We have Educational Psychologists based in four office locations in Aberdeenshire.</p>

<p><a href="#"><u>ABVENTURES</u></a></p>	<p>ABVentures is the University of Aberdeen’s FREE entrepreneurship advice and support service.</p> <p>We empower our students and recent graduates (within the last two years) to build entrepreneurial skills and launch successful ventures.</p> <p>We provide:</p> <ul style="list-style-type: none"> <li>• Events and activities that involve real-world problems designed to help our students develop creativity and problem-solving skills.</li> <li>• Expert advice and guidance to bring our students’ business ideas to life.</li> </ul> <p>Start your journey with us! We’re your go-to resource for everything how to become a freelancer, start a side hustle, launch a tech start-up or social enterprise, secure funding, navigate start-up competitions, and connect with the right people and organizations.</p>
<p><a href="#"><u>ACVO</u></a></p>	<p>ACVO (Aberdeen Council of Voluntary Organisations) is the Third Sector Interface (TSI) for Aberdeen. We have over 20 years’ experience working in the city as the central hub of knowledge relating to the local third sector which is made up of community groups, voluntary organisations, faith and equalities groups, charities, social enterprises, co-operatives, community interest companies, mutuals, housing associations and self-help groups.</p>
<p><a href="#"><u>Befriend a Child</u></a></p>	<p>Befriend a Child is a registered charity who support children and young people living in difficult life circumstances across Aberdeen City and Aberdeenshire through 1:1 and group befriending and mentoring programmes and projects.</p> <p>Befriend a Child was formed in 1975 by two women on the children’s panel who saw a gap in the support children were receiving between hearings. They saw the potential benefit of offering a child one to one support through a positive adult role model who could spend time with a child and help take their minds away from the challenges of their home life.</p> <p>Over the years Befriend a Child’s provision of programmes and projects has grown and today we support approximately 250 children annually. We do this through our 1:1 befriending and mentoring programmes as well as our family support project and group activities/projects across Aberdeen City and Aberdeenshire.</p>

<p><a href="#"><u>British Psychological Society</u></a></p>	<p>The BPS represents psychologists and promotes psychology across the United Kingdom. They are the organisation that accredits Psychology degrees. They offer information on accredited courses, hold seminars and workshops on continued professional development, provide a network for psychologists in the UK and seek to support students in psychology through a variety of resources. Students and graduates can sign up for student membership and gain access to a range of benefits (full details available <a href="#"><u>online</u></a>).</p> <p>Visit the BPS stall to learn more about how the BPS can support you, career options with a psychology degree (including information about clinical psychology) and to meet student representatives.</p>
<p><a href="#"><u>Clan Cancer Support</u></a></p>	<p>Clan Cancer Support is a well-established local charity providing emotional and practical support to people affected by cancer across north-east Scotland, Moray, Orkney and Shetland. We offer a relaxed, welcoming and caring environment both at Clan House, our purpose-built support and wellbeing centre in Aberdeen, and at our many bases in the community.</p> <p>Since 1983, Clan has developed specialist knowledge and understanding of how a diagnosis of cancer impacts not just the person diagnosed but also their wider circle of family and close friends. Our range of person-centred services, delivered using qualified and experienced counsellors and therapists and support volunteers, focus on the general wellbeing of our clients.</p> <p>Services available include information and support, counselling, complementary therapies, social and wellbeing activities and dedicated support for children and families. For those travelling to Aberdeen hospitals for appointments or treatment, we also offer affordable B&amp;B accommodation at Clan Haven alongside assistance with transport to and from hospital.</p> <p>Clan aims to help people live with and beyond cancer and improve the quality of life for all those who turn to us for help and support. We rely on the generosity of so many individuals, families and companies to ensure the ongoing provision of our free services. More detailed information on our services and fundraising activities can be found on the relevant pages of our website or you can contact any of our local centres.</p>

<p><a href="#"><u>Division of Occupational Psychology</u></a></p>	<p>The Division of Occupational Psychology exists to promote the professional interests of occupational psychologists and to support the development of psychology both as a profession and as a body of knowledge and skills.</p> <p>For more than 120 years, we have championed psychology, psychologists and the wider psychological professions, supporting our members through every stage of their careers.</p> <p>Psychology affects all aspects of our everyday lives, from government policy to the advertising you see on TV. And with the demand for psychology services growing, so is our community.</p> <p>We have more than 60,000 members - all of whom share a passion for psychology, and its impact on individuals and society.</p>
<p><a href="#"><u>Educational Psychology Services, Aberdeen City Council</u></a></p>	<p>A local authority Educational Psychology Service providing consultation, assessment, intervention and research to Aberdeen City Council Education Services, to schools and other education establishments, and to the families and children and young people in Aberdeen. We are a team of 14 FTE Educational Psychologists working in 3 locality groups across Aberdeen.</p> <p><u>How can an educational psychologist help?</u></p> <p>A key role for EPs is prevention and early intervention. We work to support schools to create positive, inclusive environments which foster and develop children's and young people's resilience and wellbeing to impact positively on mental health. Much of this work results in raising attainment and equity for all, not only children and young people with ASN.</p> <p>We also have a duty to provide advice to the children's reporter on the needs of vulnerable children and young people, including those who commit offences or are in need of care and protection.</p>
<p><a href="#"><u>Home-Start Aberdeen</u></a></p>	<p>We are one of Aberdeen's leading family support charities. Every year we provide practical and emotional support to around 200 families with young children in Aberdeen. We help them to create a secure and loving home environment where their children can grow up happy, healthy and confident, and able to achieve their full potential.</p> <p>We offer a wide range of supports to young families to help give their children the best start in life. Most of our supports are volunteer led which creates a safe, trusting and friendly environment for families who engage with us. From home visiting to peer support, cooking classes to playgroup, we want to be there for families when they need us for as long as they need us.</p>

[John Newton Art  
Psychotherapist](#)

Art Psychotherapy involves the use of a spectrum of art materials in the therapeutic process to aid self-expression/communication. This approach can help in dealing with a wide range of life difficulties. As each person's experience and expectations of therapy are unique, please e-mail me to discuss your particular requirements.

I am a BAAT and HCPC registered Therapist with 15 years' experience within the NHS and more recently in private practice.

I have extensive experience in working with children and adults to assist them to change negative or harmful aspects of their life. working within Aberdeen and Aberdeenshire

I am also a BAAT registered clinical supervisor.

Who will be working with me?

Art Psychotherapists are highly trained, fully qualified and State-registered. They must work within recognised guidelines, so that you can be sure of safe and professional treatment.

[NHS Grampian](#)

CAMHS (Child and Adolescent Mental Health Service) Grampian is an outpatient based mental health service based in Aberdeen and Elgin. We support individuals between 0 – 18 years old who experience persistent, complex or severe difficulties that have a significant impact on their day to day lives, be these emotional, behavioural or mental health related issues.

Many different professionals with specialist training and experience work together in CAMHS Grampian.

- Allied Health Professionals (Occupational Therapists, Physiotherapists, Speech & Language Therapists, Dieticians)
- Clinician/Psychotherapy (Child Clinician/Psychotherapy, Systemic Clinician/Psychotherapy, Play Therapy)
- Applied Psychology (Clinical Psychologists, APPs, PPs, APs, EPPs)
- Medical (Psychiatry, Physician Associates, Pharmacist)
- Nurse practitioners
- Students/trainees
- Administrative Support



<p><a href="#"><u>NSPCC Childline</u></a></p>	<p>We're the UK's leading children's charity. We've been looking out for children for over 140 years – and we couldn't do it without you.</p> <p><u>Our Services in Scotland:</u> We provide services across Scotland to help give children and young people the support they need to thrive.</p> <p>We have a service centre in Glasgow. We work with children, families and professionals. We support parents and families in caring for their children and provide therapeutic assistance to help children move on from abuse.</p> <p>We also provide help and support through the NSPCC helpline, Childline and our work with schools.</p> <p><u>Childline:</u> Our Childline service gives children and young people a voice when no one else is listening. Whatever problems or dangers they face, we give them somewhere to turn to for support when they need it.</p>
<p><a href="#"><u>Penumbra Mental Health</u></a></p>	<p>We are Penumbra Mental Health, a pioneering charity providing dedicated services for people experiencing mild to serious and enduring mental ill health.</p> <p>We support people on their journey to better mental health, by working with each person to find their own way forward.</p> <p>The power of people's lived experience enables us to provide pioneering services which transform lives.</p>
<p><a href="#"><u>Rape Crisis Grampian</u></a></p>	<p>Rape Crisis Grampian, (RCG) are the only local Charity which provide dedicated support to survivors of rape and sexual violence in Aberdeen and Aberdeenshire for those aged 11+</p> <p>We offer dedicated, person centred, trauma informed, emotional support, individually and in groups.</p> <p>Our Advocacy Practitioners can offer specialised support for those considering reporting a sexual crime and supporting survivors through the entire criminal justice process.</p>
<p><a href="#"><u>Robert Gordon University (Social Work)</u></a></p>	<p>The MSc Social Work course at Robert Gordon University focuses on the values, skills and competencies required for the practice of social work to the qualifying level set by the Scottish Social Services Council (SSSC). It will give you the ability to positively impact society and improve the lives of individuals in an important profession.</p>

<p><a href="#"><u>School of Psychology (Postgraduate Study)</u></a></p>	<p>The School of Psychology offers several avenues for postgraduate study leading to higher degrees in Psychology. The main aims of the research and taught programs are to provide more in-depth knowledge of psychological phenomena, experimental design, advance data analysis and systematic approach in all aspects of research.</p> <p>Information will be provided on our MRes and PhD pathway, and we are excited to be able to introduce our two new upcoming MSc degree programmes (1) The Psychology of Mental Health, and (2) Human Factors and Organisational Psychology.</p>
<p><a href="#"><u>Susan McQuaker Psychotherapist</u></a></p>	<p>I provide Psychotherapy, Dramatherapy and EMDR for individuals and groups in Aberdeen, Aberdeenshire and beyond. I offer clinical supervision to counsellors and psychotherapists. Alongside this I run an education consultancy service.</p>
<p><a href="#"><u>University of Aberdeen – Aberdeen Health Psychology Group</u></a></p>	<p>The key focus of the Aberdeen Health Psychology Group is to study and advance psychological principles, theories and methods to understand and improve the health of the public and patients and the provision of healthcare.</p> <p>Our core research and teaching team is comprised of Dr Chantal den Daas, Dr Dan Powell, Dr Clare Cooper, Dr Louisa Lawrie, and Emeritus Professor Derek Johnston and Emeritus Professor Marie Johnston. For our PhD-students, and other collaborators, see our People tab.</p> <p>We offer a British Psychological Society accredited MSc Health Psychology that meets Stage 1 of the professional requirements for training as a Chartered Health Psychologist.</p> <p>We collaborate with a range of disciplines within the University, including Academic Primary Care, Psychology, Health Services Research, Health Economics, Rowett Institute, the Epidemiology Group, Business School. Externally, we work with a wide range of academic, professional body, NHS, Government, local authority and third sector partners.</p> <p>The group is involved in Scottish, British and European health psychology organisations. Our research is funded by agencies such as the NIHR, Medical Research Council (MRC), the Chief Scientists Office (CSO), the Economic and Social Research Council (ESRC) and others.</p>
<p><a href="#"><u>University of Aberdeen (Counselling Services)</u></a></p>	<p>We are the University Counselling Service. We're here to listen, to understand, and to help students think through any problems you're experiencing - whether large or small.</p> <p>The Counselling Service is part of the University of Aberdeen Student Support Service, and all our counsellors are professionally trained, attend external supervision and work to the Ethical Framework of their professional body.</p>

<p>University of Aberdeen (Interns With <a href="#">Impact</a>)</p>	<p>Are you interested in making an impact in local communities? We are offering 16 exclusive paid summer internships in the charity sector where you can work on projects and make a difference. Applications close on the 10th of March and all UG students are welcome to apply (note that final year UG students are not eligible to apply for the international opportunities).</p> <p>Roles include analysis, communication, feminist governance, marketing, sailing, research and storytelling with hosts in Aberdeen City, Aberdeenshire, Kirkintilloch and Uganda!</p> <p>Emma King, a final year Psychology with Counselling student had an amazing summer internship in 2024 with Team Jak and was kept on as a part-time member of staff during her final year.</p> <p>Find out more, including a case study on Emma's experience at <a href="#">ABDN Internships   Careers and Employability Service   The University of Aberdeen</a></p>
<p><a href="#">University of Aberdeen (Sport and Exercise Science)</a></p>	<p>Whether you want to understand how our bodies adapt to the stresses imposed upon them during physical activity to benefit performance and health or explore the role of sport and exercise as a means of improving quality of life, we have degree suited to you.</p> <p>Sports and Exercise Science includes the study of the body's responses to exercise and the adaptations that occur in response to regular exercise. Sports and Exercise Science also includes the role that regular modest levels of physical activity can play in maintaining health. Exercise involves the integrated actions of all the body's systems, and a knowledge of physiology, biochemistry and nutrition is essential to understand how individuals respond to and adapt to the stress of exercise. The exercise and sport sciences are broadly based and encompass both basic and applied science from the whole body to the molecular level.</p> <p><u>5 year MSci degree</u></p> <p>You have the opportunity to undertake a year's placement in an industrial, commercial or research environment and graduate after five years with an MSci (an undergraduate Masters degree) instead of a BSc.</p>

[Victim Support  
Scotland](#)

Victim Support Scotland is the leading charity dedicated to helping people affected by crime across Scotland.

We support victims of crime, witnesses and their family members, regardless of who they are and their circumstances. Our service is independent, free, non-judgemental and confidential. We offer bespoke support, personalised to the needs of each individual.

Our work is all about putting victims and witnesses first, and we are looking for talented people who can rise to the challenge and help us to fulfil our mission.

Join the team at Victim Support Scotland (VSS) at an exciting time for the organisation.