# Use of Contrast Agents in Fast Field-Cycling MRI

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## Purpose:

Fast Field Cycling (FFC) MRI is able to switch between magnetic fields during the application of a pulse sequence. In this way it is potentially able to exploit the different $T_1$ dispersion behaviour of tissue and contrast agents to optimise contrast between normal and pathological tissues. In particular, FFC-MRI allows access to a new contrast mechanism known as $\Delta R_1$ imaging in which contrast depends on the change in $R_1$ between different fields [1]. In this work, a proof-of-principle study has been carried out using contrast agents designed specifically for use with FFC-MRI which show large changes in $R_1$ between different magnetic fields. These contrast agents are detected with much greater sensitivity in a $\Delta R_1$ image compared with standard $T_1$ weighted images.

## Materials and Methods:

A new contrast agent consisting of Mn[II] ions surrounded by POPC:PEG (95:5) liposomes diluted in a HEPES buffer solution was designed for use with FFC-MRI. The solution was first diluted to five different concentrations; A: 0.15 mM, B: 0.1 mM, C: 0.08 mM, D: 0.06 mM, and E: 0.04 mM respectively. Sample F containing 1.0 mM $CuSO_4$ was also prepared in de-ionised water in order to provide comparison with the Mn[II] contrast agent, as $CuSO_4$ unlike Mn[II] shows almost no change in $R_1$ between field strengths. The samples were imaged using a home-built, whole-body FFC-MRI scanner with detection at $B_0$ = 58.7 mT (2.499 MHz) [2].

## Results:

$T_1$ weighted images were acquired initially at 58.7 mT with evolution times of 10 ms, 100 ms, 220 ms, 330 ms, 440 ms and 600 ms (Figure 1A, images (i – vi) respectively). The images were then acquired at 2 mT using the same evolution times. Using these data, maps of $R_1$ values were calculated using a program written in MATLAB (MathWorks, MA, USA), for each pixel in a set of images. $R_1$ maps at 59 mT and 2 mT were then subtracted to give a $\Delta R_1$ value for each pixel. Figure 1B shows a $\Delta R_1$ map for each of the samples (A – F) in the imaging phantom. Figure 2 shows the ratio between the image intensities of the Mn[II] samples and the $CuSO_4$ sample, comparing the $\Delta R_1$ values to $T_1$ weighted images at 2 mT, and at 59 mT.



A)        Figure 1        B)



Figure 2

## Conclusions:

The FFC-MRI $\Delta R_1$ mapping technique takes advantage of the $R_1$ dispersion of the Mn[II] liposomal contrast agent, resulting in higher contrast between the Mn[II] and the 1.0 mM $CuSO_4$ samples compared with $T_1$ weighted imaging. Typically normal tissue exhibits only a small change in $R_1$ between 2.5 and 10 MHz [3], and as such, $\Delta R_1$ mapping could be used to enhance contrast between regions containing contrast agent and surrounding areas of normal tissue.

## References:

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