

Bringing
the public,
researchers
and clinicians
together

SUTTIE CENTRE CAFÉ
Foresterhill Health Campus

All events FREE and start at
6pm on the dates listed



January Mon 29th

Oral cancer – whose problem is it?

*Dr Rasha Abu-Eid (Senior Lecturer in Oral Sciences) and
Dr Karolin Hijazi (Senior Clinical Lecturer in Oral Medicine)*

In the past oral cancer has been almost exclusively associated with smoking and alcohol consumption, but now we are beginning to understand that there are more factors involved. It's a major health problem in Scotland with numbers of patients exceeding that of cervical and testicular cancer combined.

February Mon 19th

How close are we to a cure for spinal injury?

*Dr Pragnesh Bhatt (Consultant Neurosurgeon, NHS Grampian) and
Dr Wenlong Huang (Lecturer in Neuroscience)*

There are around 50,000 people in the UK with a serious spinal cord injury but at present there is no cure for this condition. We will discuss current patient management and explore promising strategies to achieve spinal repair, including the use of modified silk from Asian silkworms.

March Mon 12th

The bottle and the baby's brain: Foetal Alcohol Syndrome Disorder.

*Professor Peter McCaffery (Chair in Developmental Biology) and
Dr Justin Williams (Senior Clinical Lecturer in Child and Adolescent Psychiatry)*

Around 500 babies are born with Foetal Alcohol Spectrum Disorder (FASD) every year in Scotland. Women are advised to avoid all alcohol during pregnancy but do we know how much alcohol can harm the foetus? We will discuss many of the questions around this controversial topic.

April Mon 23rd

Enabling people to live well?

*Chris Littlejohn (Consultant in Public Health, NHS Grampian) and
Professor Vikki Entwistle (Chair in Health Services Research and Ethics)*

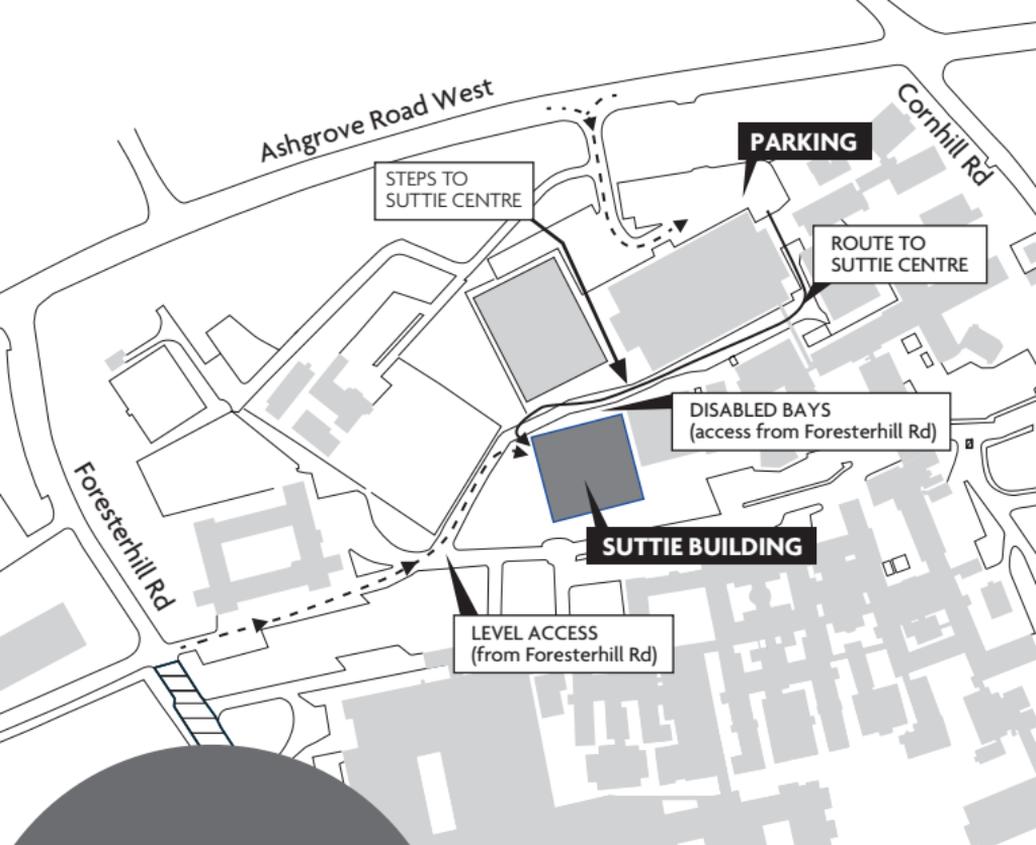
More and more people are living with one or more long-term health conditions. We will discuss how health and social care services can best support them in times of budgetary constraint.

May Mon 28th

Happy Hearts

*Dr Dana Dawson (Reader in Cardiovascular Medicine) and
Dr Sam Philip (Consultant Physician in Diabetes and Endocrinology)*

We all know exercise is good for us but how does it help our hearts? We will explore current research into exercise based interventions to improve heart health, including its relationship with diabetes.



Foresterhill Health Campus



All events are free and held on Mondays from 6pm to 7.30pm in the Suttie Centre Café, Foresterhill Health Campus

Welcome...

to our ninth season of Café MED events where we invite our top researchers and clinicians to discuss how current research is being translated into improved treatments and care in an informal café setting.

Professor Steve Heys - Head of School of Medicine, Medical Sciences and Nutrition, University of Aberdeen

Where and When

Events are held at the Suttie Centre for Teaching & Learning in Healthcare, Foresterhill Health Campus, in the Suttie Centre Café from 6pm to 7.30pm.

Public parking is allowed in the PARKING areas shown after 5pm. The barriers will be raised between 5 - 8.30pm to allow access.

Presentations last about half-an-hour and are followed by an interval allowing informal chat and the opportunity to purchase drinks or snacks.

An audience discussion will follow.

www.abdn.ac.uk/community-cafes

Café MED is an initiative of the Public Engagement with Research Unit at the University of Aberdeen.



CafeScientifiqueAberdeenCity



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