

Bringing  
the public,  
researchers  
and clinicians  
together

SUTTIE CENTRE CAFÉ  
Foresterhill Health Campus

All events FREE and start at  
6pm on the dates listed



**January** Mon 16th **The route to healthy and environmentally-friendly diets**

*Dr Jennie Macdiarmid (Rowett Institute of Nutrition and Health) and Dr Jon Hillier (School of Biological Sciences)*

We will explore the food production and consumption patterns that need to change to make our diets both healthier and more environmentally-friendly.

**February** Mon 20th **Teaching anatomy in the 21st century**

*Dr Flora Groening (Senior Lecturer in Anatomy) and Professor Alan Denison (Consultant Radiologist, NHS Grampian and MBChB Programme Lead)*

Advances in 3D visualisation technology allow us to explore the human body in new ways. Take part in a demonstration of how we apply this technology to anatomy teaching and join us for a discussion on its benefits to the student experience.

**March** Mon 13th **Advances in dementia research: from the lab to the clinic**

*Dr Tara Spires-Jones (Centre for Cognitive and Neural Systems) and Professor Craig Ritchie (Centre for Clinical Brain Sciences), University of Edinburgh*

Dementia affects more than 85,000 people in Scotland and currently we do not have any treatments for this disease. Join us as we highlight the latest promising research and discuss how we are turning this new knowledge into treatments.

**April** Mon 24th **Improving Food Safety: from hand washing to whole genome sequencing**

*Professor Norval Strachan (Chair in Physics and Chief Scientific Adviser, Food Standards Scotland)*

We will discuss what can and is being done to reduce the risk of food poisoning in Scotland, from the farm to your kitchen, and give an overview of techniques covering good hygienic practises, as well as epidemiology and molecular biology.

**May** Mon 22nd **The key to stroke survival**

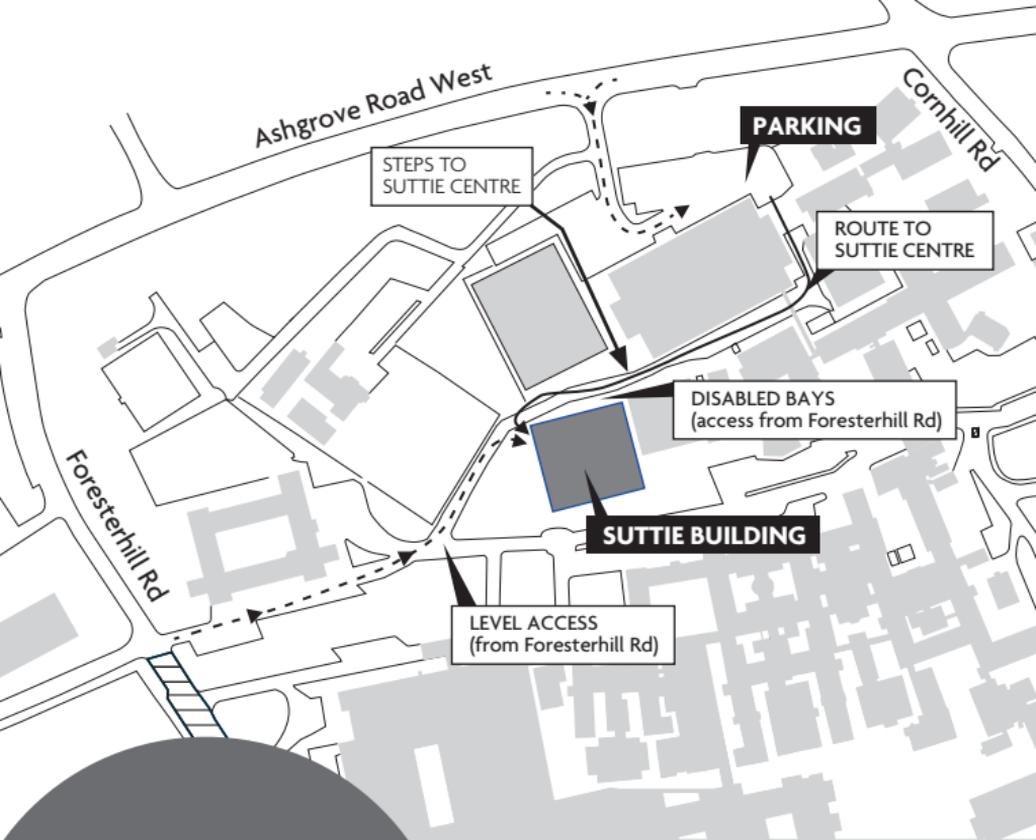
*Professor Phyo Myint (Chair in Old Age Medicine) and Thérèse Lebedis (Consultant occupational therapist in stroke, NHS Grampian)*

Stroke is common in older age and is associated with death and disability. Hear about the latest research on the importance of person-centred care in reducing the burden of stroke.

**June** Mon 12th **The enigma of inflammatory bowel disease**

*Dr Ashis Mukhopadhyia (Consultant Gastroenterologist and Honorary Senior Clinical Lecturer) and Dr Indrani Mukhopadhyia (Research Fellow)*

The incidence of inflammatory bowel disease (IBD) is increasing in Scotland, especially in the juvenile population. We will discuss the latest findings in IBD research that will help in the control and treatment of this disease.



# Foresterhill Health Campus



 UNIVERSITY OF  
**ABERDEEN**

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All events are free and held on Mondays from 6pm to 7.30pm in the Suttie Centre Café, Foresterhill Health Campus

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## Welcome...

to our eighth season of Café MED events where we invite our top researchers and clinicians to discuss how current research is being translated into improved treatments and care in an informal café setting.

Professor Phil Hannaford - Vice-Principal and Head of College of Life Sciences and Medicine, University of Aberdeen

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## Where and When

Events are held at the Suttie Centre for Teaching & Learning in Healthcare, Foresterhill Health Campus, in the Suttie Centre Café from 6pm to 7.30pm.

Public parking is allowed in the PARKING areas shown after 5pm. The barriers will be raised between 5 - 8.30pm to allow access.

Presentations last about half-an-hour and are followed by an interval allowing informal chat and the opportunity to purchase drinks or snacks. An audience discussion will follow.

[www.engagingaberdeen.co.uk](http://www.engagingaberdeen.co.uk)

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Café MED is an initiative of the Public Engagement with Research Unit at the University of Aberdeen.