

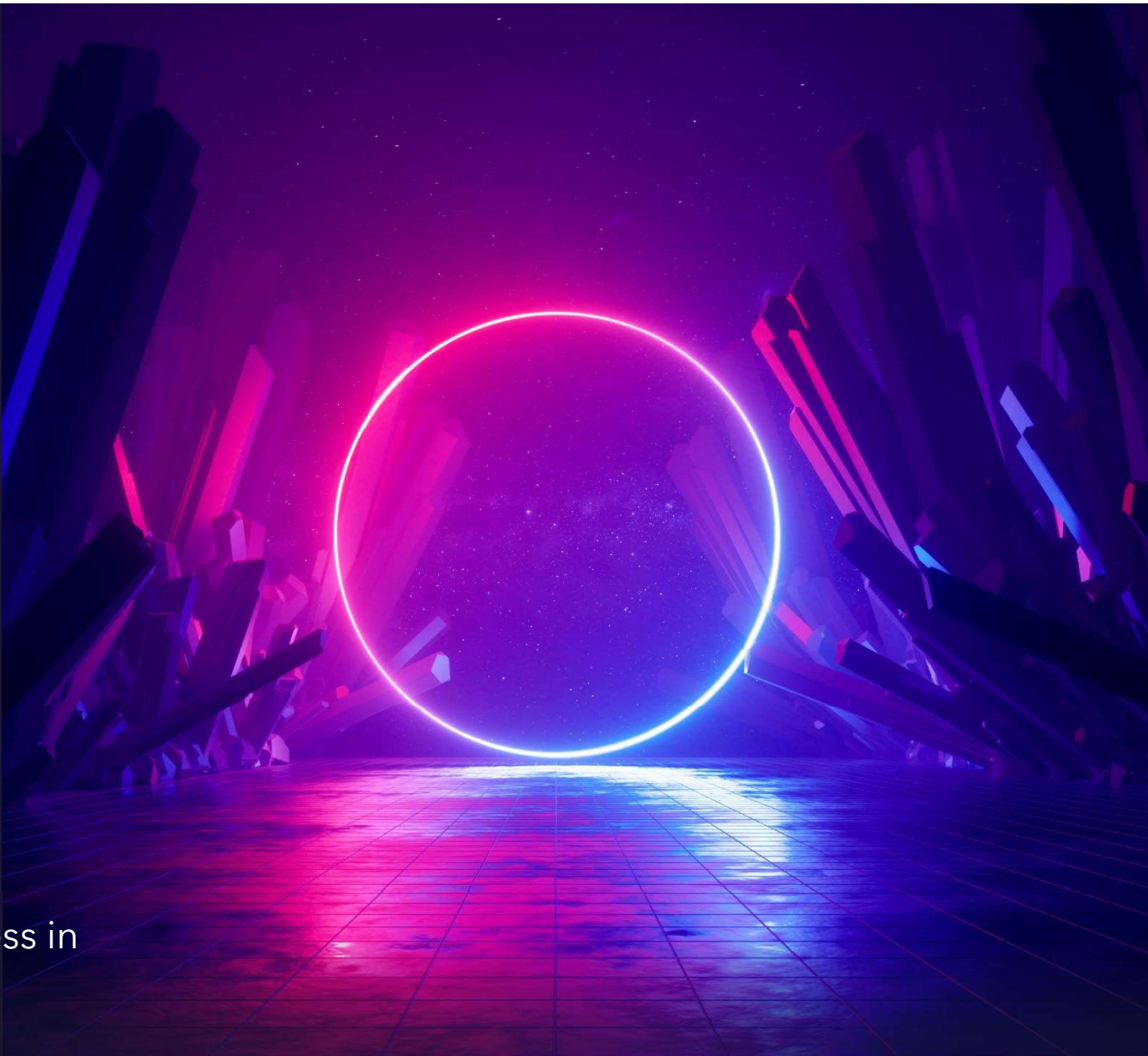


Participatory Action Research

Training Exchange Day

Kigali 28-29th April 2023

Session 5: PAR in context, mindfulness in
schools (and day 2 orientation)



Disclaimer

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Day 2 Orientation

Applications in context



Training Overview

Learning Outcomes

1. Describe participation in health as a concept
2. Appreciate contextual influences on participation
3. Relate case examples building participation
4. Develop practical insights into PAR methods and tools, including ethical considerations
5. Translate key PAR processes for application in context

Activities

- Participant recruitment, ethical considerations
- Data collection, analysis ethical considerations
- Workshop facilitation
- Building learning cross-contexts
- Vox-pops, podcast, commentary

Application in context

- PAR in context: partner lead perspectives 30 mins
- Mindfulness in schools 30 mins
- Role play (Problem tree) 2 hour
- Reflection and exchange 1 hour



Learning Principles

1. We have a 'safe to fail' learning environment, promoting peer-learning and exchange
2. We prioritise synergies between research teams working across diverse contexts
3. We promote and advance South-South learning and exchange
4. We foster equitable partnerships in global health research



Any Questions?



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