

Project 1 – Alzheimer Scotland

Closing date: Sunday 26 May

Interview Date: Tuesday 4 June

Introduction

Alzheimer Scotland is the leading dementia organisation in Scotland. We campaign for the rights of people with dementia and their families, whilst providing an extensive range of innovative, personalised, and therapeutic support services. We are committed to improving the lives and opportunities of people living with dementia, their carers, partners, and families as their journey transitions from the first point of contact through to end of life. We believe nobody should face dementia alone. As research suggests that certain environmental factors, such as air pollution. can contribute to cognitive decline and increase the risk of dementia, Alzheimer Scotland has committed to a carbon reduction plan and adopting more sustainable practices. We have a responsibility to play our part in Scotland's net zero emissions target date of 2045.

Job Description

Main Purpose of the Role

This internship is intended to promote personal development whist assisting Alzheimer Scotland to drive forward with their net zero journey. As the charity has various Brain Health Dementia Resource Centres, Daycare, offices and colleagues across Scotland, this will require engagement and collaboration internally to facilitate behaviour and process change. This internship will assist the Head of Safety, Health and Wellbeing with embedding sustainable practices across the charity and all functions.

Key Responsibilities:

- Develop an educational resource pack that will be used to support our dedicated Green Champion team, with ideas on how to increase colleague and volunteer sustainability awareness across each site to promote behaviour change.
- Undertake a scoping exercise to determine good practice and ideas that are happening locally. This
 can be taken forward with templates/ideas for sharing best practices in sustainability in order for this
 to be shared across all sites.
- This resource pack will also include a section with suggestions for group activities that will enable sharing knowledge and developing skills of people living with dementia and their carers to increase awareness.
- Data/gap "competitor" analysis with the aim of identifying best practices in sustainability across the 3rd sector and how they could be applied to Alzheimer Scotland.



Candidate Background

Do you have a passion and enthusiasm for sustainability, the ability to work independently and remotely as a team, with excellent communication skills? If so, we would love to hear from you.

You will be solution focused to develop ideas to engage with colleagues, volunteers and those accessing our services in the energy, environment, and our sustainability agenda.

You will be curious, you will enjoy collecting information, ideas and data from other third sector organisations, we are keen to learn more about what other charities are doing and how that can assist with our efforts.

Terms of Appointment

Contract Type: Fixed Term for 8 Weeks

Hours of Work: 10 hrs/weekSalary: Real Living Wage

Location: Remote



Person Specification

	ESSENTIAL	DESIRABLE
Education/Qualifications Academic, technical and professional education and training	University of Aberdeen Student	
Work and Other relevant experience (including training) e.g. Specialist knowledge, levels of experience, supervisory experience, research	 Excellent level of IT skills. Excellent communication skills, how to engage people in a variety of ways. 	 Experience of conducting and analysing research Experience of working in sustainability related projects as an individual or as part of a team
Personal qualities and abilities e.g. initiative, leadership, ability to work on own or with others, communication skills	 Knowledge and a passion for the environment. You will have an understanding of the climate crisis. Ability to work independently to prioritise the workload to ensure deadlines are met. Ability to work as part of a team to share the workload remotely, depending on personal skills interests and knowledge to ensure the tasks are completed to a high standard. 	Can identity solutions to improve sustainability practices in a professional/voluntary environment
Other e.g. special circumstances (if any) appropriate to the role such as unsocial hours, travelling, language requirements etc.	• N/A	• N/A