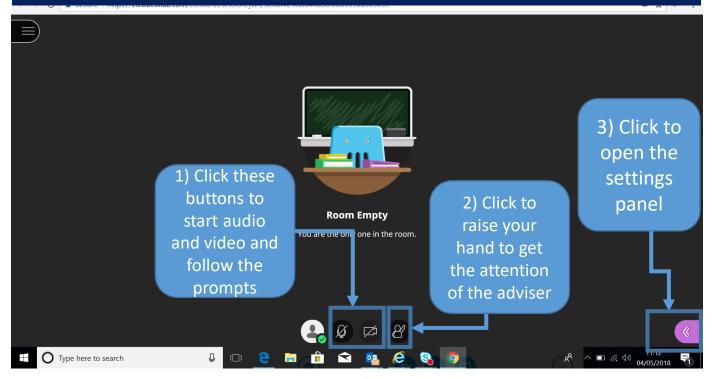
## Student Guide: Conducting your Careers Appointment Online

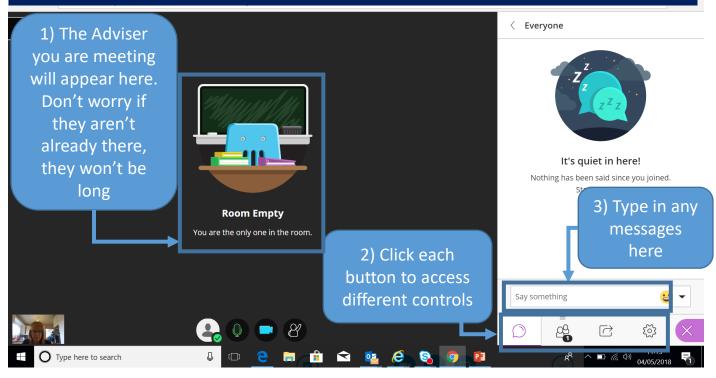
What you need:

- 1) Computer or laptop with internet connection, webcam, mic and speaker
- 2) Internet browser: recommend Google Chrome or Firefox
- 3) The unique link to connect with the Adviser (you will receive this by email)

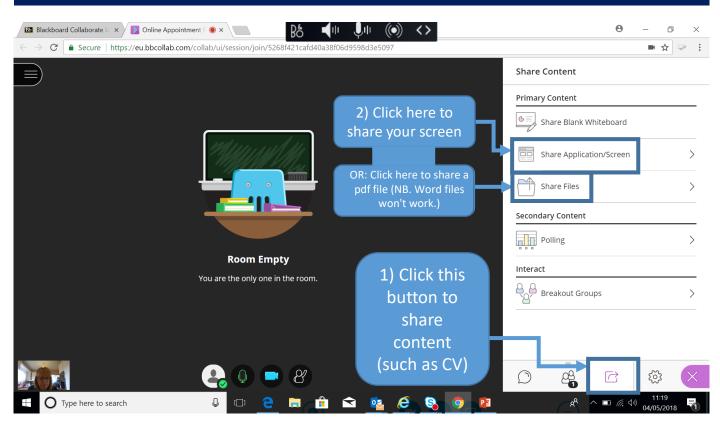
## 1: Click on the link you have been given to open the online room



## 2: How to navigate within the online room



# 3: Sharing your document with the adviser for discussion/feedback



### 4: Trouble-shooting audio and video in settings

		Roon Empty   You are the only one in the room.	1) Click here to view your audio and video settings		My Settings			
					Tracey Presenter			
			2) Click here to adjust your camera & audio settings		[∯] s	dio and Video Settings ^ 및 Set up your camera and microphone ⓒ Use your phone for audio		
					Speak 0%	er Volume	100%	
					0% 🔵			-
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#### Need further help?

If you need help connecting during your appointment please phone us on 01224 273601 or email careers@abdn.ac.uk.