Keeping your families, friends and communities safe
How our testing works for students with no symptoms who are leaving campus over the winter break

Book your test for as close as possible to your planned departure and reduce social mixing 2 weeks beforehand - only going out for essentials including learning, food shopping and exercise. Students are encouraged to take 2 separate tests, 3 days apart.

A positive result means you and your household should self-isolate – you for 10 days and your housemates for 14 days before departing.

You can book a different test to confirm the result through the Government web site or by calling 0800 028 2816.

A negative 1st test means you can still attend classes as usual - but limit your other social contacts.

Take a second test.

If the PCR test is negative, you and your housemates can end the period of self-isolation.

Keep limiting your social contacts after a 2nd negative test and depart within 24 hours of receiving your test result.

KEEP following the Scottish Government FACTS guidance - at ALL TIMES!

abdn.ac.uk/coronavirus
Email: coronavirus@abdn.ac.uk