



The Neglected Mental Health Problem? Parental Personality Disorder A Preliminary Exploration of Personality Disordered Parents' Attributions of Children's Behaviour

What is the aim of the study?

Unlike other parental mental health difficulties, there have been very few studies looking at the experiences of parents with personality disorders. Often people with personality disorders have had difficult experiences in their own childhood. This may make it more difficult for them as a parent. However, studies also suggest this can be a particularly positive relationship: “She is the most important person in my life”. We would like to learn more about the way parents with personality disorders experience children's behaviours and emotions and parents' experience of their own child's emotions and behaviour.

Who is invited to take part in the study?

We would really like to hear from individuals with a diagnosis of an Emotionally-unstable, Dissocial, Borderline, Histrionic, Narcissistic or Antisocial Personality Disorder who are also a parent or have a parenting role with a child between 3 and 16 years old.

What would be involved if I chose to take part?

If you were interested in taking part in this study, we would send you a questionnaire to complete. All the information you provide would be completely confidential and would not be shared with anyone involved in your own or your children's care.

How can I take part in this study?

If you would like to take part in this study or would like to find out more about the study, please contact:
Claire Norfolk on 0131 536 8188 or Claire.Norfolk@nhslothian.scot.nhs.uk