Scottish Government
First Minister calls for red meat levy return to Scotland
Prime Minister urged to end policy that costs Scottish farming £1.4m.

Scottish salmon leaps forward
Exports of fresh Scottish salmon have grown in value by 13 per cent compared to the same period last year.

National Press
British-produced food would run out today, farmers warn
Food supplies for the year would run out today if Britain had to rely on domestic goods alone due to a sharp fall in production in the past two decades, farmers have warned.

EUFIC
Trans fats and cardiovascular health: what is the current situation?
Dutch researchers from the department of Health Sciences and the EMGO Institute for Health Care Research of VU University, in Amsterdam, and the Division of Human Nutrition of Wageningen University, have published a paper in the European Journal of Clinical Nutrition, concluding that detrimental effects of industrial trans fatty acids (TFAs) on heart health are beyond dispute and that limiting their intake will likely lower cardiovascular disease (CVD)

Personalised nutrition perceived positively by consumers but they lack confidence in health-data management
Researchers from the Food4Me project have published findings about a consumer focus-group study to identify motivating factors toward personalised nutrition. The results, published Appetite, showed that consumers perceive personalised nutrition to benefit their health and fitness.

Food Navigator
Low vitamin D again linked to mobility issues for older people
Vitamin D deficiency may increase a senior citizen’s risk of physical limitations like walking up and down stairs, and being able to dress and undress, says a new study from The Netherlands.

Maternal 'junk food diet' may alter baby's brain development
Eating a junk-food filled diet during pregnancy may affect the development of brain pathways in developing babies, permanently altering responses to foods that are high in fat and sugar, say researchers.

In vitro meat: Lab-grown burger to be unveiled and tasted next week
The world's first in vitro meat - a €250,000 burger made from lab grown beef - will be unveiled and served next week.
EFSA (finally) backs folic acid supplements for neural tube defects
Europe’s head science agency has joined other international authorities in backing B vitamin folic acid’s ability to reduce neural tube defects (NTDs) like spina bifida and hydrocephalus in early-stage foetuses.

**Farmed salmon initiative to have big food industry impact, says WWF**
Fifteen major global farmed salmon producers have set up a joint initiative to speed progress toward more sustainably farmed salmon – a move the WWF says could “affect the food industry in a big way”.

**Researchers question fructose's role in obesity and brain functioning**
Increases in childhood obesity levels, in part due to high intakes of fructose, may also have a dramatic effect on brain functioning and academic performance, warn researchers.

**Researcher doubts link between fructose and diabetes**
The link between fructose and diabetes is too weak to warrant governmental intervention, according to a UK-based researcher.

**Mediterranean and low carb diets backed for diabetes prevention: EPIC data**
Consumption of a Mediterranean-style diet and diets low in available carbohydrates can offer protection against type 2 diabetes, according to the findings of new research.

**Cricket protein bar maker seeks to ‘normalize the consumption of insects’**
Two young entrepreneurs have developed a high protein bar using crickets that they say have superior nutritional qualities and can go a long way in making insect consumption mainstream in America.

**Shock tactics could help tackle obesity, says Kantar**
Governments should consider shocking people into changing their dietary habits, using similar tactics as those used to discourage smoking, according to Kantar.

**High protein trend to hit Europe – whether we need it or not**
Most Europeans get enough protein in their diets – but a craze for high protein foods and drinks looks set to sweep across Europe. Could more protein be beneficial?

**UK project proposes eco-friendly healthy eating guide**
Market forces alone are insufficient to drive improved sustainability in the food supply chain, according to a UK project report that recommends incorporating sustainability into healthy eating guidelines.

**Poor maternal diet may program a taste for alcohol and drugs, warn researchers**
A high fat and high sugar diet during pregnancy may increase the risk of children becoming vulnerable to alcohol and drug abuse in later life, according to new research in rats.

**High calorie breakfast may help with weight loss**
There may be some sense in the old advice to eat breakfast like a king, lunch like a prince and dinner like a pauper, according to new research that links high calorie intake at breakfast with greater weight loss and reduced disease risk.
Brain imaging offers 'critical' chance to study effects of diet: Expert review
Brain imaging techniques offer researchers a critical opportunity to study the long term effects of how nutrition affects cognition and brain functions, according to a review from the International Life Sciences Institute (ILSI).

Seafish appoints new directors as part of £11.4M commitment
Industry support body Seafish has appointed two new directors to help deliver and implement its corporate plan.

Omega-3 fatty acids offer cancer potential: Lab study
Omega-3s - in particular eicosapentaenoic acid (EPA) - may offer benefits to people with certain cancers, according to new lab work suggesting that the fatty acids may help kill off cancerous cells http://carcin.oxfordjournals.org/content/early/2013/07/24/carcin.bgt257.abstract

Med diet may counteract genetic stroke risk, say researchers
A Mediterranean style diet that is rich in olive oil, fish, complex carbohydrates and nuts may switch off specific genes that increase the risk of stroke in some people, say researchers.

Sleep deprivation linked to junk and snack food cravings
A lack of sleep could alter the way our brains work, making us more likely to consume unhealthy snack products than healthier options, say researchers.

Blood sugar status may affect risk of dementia: Study
High blood glucose levels may increase the risk of developing dementia, according to a new study.

How does taste work? How our evolving understanding could lead to better food
Our understanding of how we taste is evolving, and with it, the opportunities to create foods that are tastier – and healthier.

Prehistoric flavour: Study reveals evidence of spice use in early human cooking pots
Residues of spices on pottery from the 7th millennium BC show that prehistoric hunter-gatherers cooked food using spices to add flavour, say experts.

Cheating the taste buds: The flavour challenge of salt, sugar and fat reduction
Sugar, salt and fat reduction have topped the research agenda for most large food companies for years – but when it comes to replicating the flavour of these crucial ingredients, it’s still early days.

Fortification successful for ‘near-elimination’ of folic acid anemia
Mandatory fortification of select cereal grains with folic acid has led to the ‘near eradication’ of folate-deficiency anemia, says a new study.

‘Underutilized’ chokeberry accessions show potential for nutritional products
The ‘unique’ polyphenol profiles of underutilized species and genotypes of chokeberry may offer nutraceutical and commercial value for this emerging berry, suggests new research from the University of Connecticut.

Cinnamon offers ‘hopeful effects’ on blood pressure, but it’s premature to make recommendations, says meta-analysis
Supplementation with cinnamon may lower blood pressure in pre-diabetic and diabetic people, but it’s too early to make recommendations, says a new meta-analysis.
It's all in the genes: Researchers unravel genetic mechanism behind microbiome colonisation
A set of newly identified genes may explain how and why microbes are able to colonise our gut in a stable, say researchers.

Artichokes and celery kill pancreatic cancer cells, say researchers
Celery and artichokes contain flavonoids that kill pancreatic cancer cells, according to researchers.

Sea buckthorn and bilberries may improve metabolic and heart health for women: RCT data
Daily consumption of sea buckthorn berries, its extracts, or bilberries may boost the overall metabolic profiles of overweight women, says a new study from Finland.

Omega-3 rich infant formula may boost later intelligence: Study
Consumption of a DHA-enriched formula in infancy may be linked to positive cognitive outcomes in childhood, according to new research data.

Maternal obesity risks premature death for offspring
Babies born to obese mothers have a greater risk of becoming adults who die early from coronary heart disease, according to a new scientific study.

Oat demand grows in Central Europe with EFSA health claims, says Fazer
Demand for oat products is rising in Central Europe due to the approval of EU health claims, says Fazer which has opened a new oat mill to capitalize.

Babies acquire food dislikes before likes, study suggests
Basic flavour preferences are known to start developing even before birth – but revulsion may be less changeable than liking in infants, according to new research.

Breakfast-skipping Britons could fuel rising obesity trend
Those who skip breakfast have a higher risk of obesity than those who eat first thing in the morning – but more than four in ten British adults miss breakfast at least once a week, according to a new survey from Canadean Custom Solutions.