

# BM3804 – Neuroscience and Research Topics Course Handbook 2023-2024



Undergraduate Medical Sciences

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# **Course Summary**

This course builds on the basics of nervous system function covered in level 2 and in BM3502. The major focus of the course relates to topical research on the structural and functional alterations that occur in neuronal tissues, how they function in the adult, how disease states affect function, and emerging technologies relevant to the nervous system.

# **Course Aims & Learning Outcomes**

The purpose of this course is to build upon aspects of Neuroscience and Neuropharmacology covered in BM3502. This course is a prerequisite for the Developmental Neuroscience Course (PY4302) which runs in the final year. The detailed course objectives are:

- 1. To describe emerging technologies used to interface with the nervous system that improve function or compensate for functional deficit.
- 2. To describe the neuroendocrine function and tools used to understand nervous system function.
- 3. To describe plastic changes in the visual cortex, and in the hippocampus, which is associated with learning and memory.
- 4. To describe mechanisms involved in nervous system disorders such as, Alzheimer's Disease, Parkinson's Disease, Huntington's Disease, central/peripheral neuromuscular disorders and stroke.
- 5. To describe the enteric nervous system and disorders of the enteric nervous system.

# **Course Teaching Staff**

# Course Co-ordinator:

Dr Ann M Rajnicek (ext. 7514) a.m.rajnicek@abdn.ac.uk

## **Other Staff:**

- Dr Derek Garden (DG), Biomedical Sciences
- Dr Antonio Gonzalez Sanchez (AGS), Biomedical Sciences
- Dr Iain Rowe (IR), Biomedical Sciences
- Dr Mary MacLeod (MM), Biomedical Sciences
- Prof Simon Parson (SP), Biomedical Science
- Prof Bettina Platt (BP), Biomedical Sciences
- Prof Derek Scott (DS), Biomedical Sciences

# **Assessments & Examinations**

1. Attendance: At the first lecture important information regarding course assessment and practical work will be given. Students will be expected to attend all lectures, attend the practical session, and to submit the Lt case study and Lt practical assignments. Students should inform the Course Co-ordinator (a.m.rajnicek@abdn.ac.uk) if they are unable to attend a class or if they encounter difficulty with managing course work. The minimum performance acceptable for the granting of a class certificate is attendance at 75% of the teaching sessions, and presentation of all set course work, written and oral.

2. Continuous Assessment (CA): includes an online Case Study and an online Practical assignment. CA accounts for 30% (Lt case study 15%, In person Practical 15%) of the total assessment. The deadlines for submission are indicated in the course timetable.

3. Written Examination: the examination will involve answering 2 essay-type questions from a choice of 4. The examination lasts for 1 hour 30 minutes. The examination comprises 70% of the total assessment.

4. The degree examination is held in April/May, with the re-sit examination in June/July.

# **Class Representatives**

We value students' opinions in regard to enhancing the quality of teaching and its delivery; therefore, in conjunction with the Students' Association we support the Class Representative system.

In the School of Medicine, Medical Sciences & Nutrition we operate a system of course representatives, who are elected from within each course. Any student registered within a course that wishes to represent a given group of students can stand for election as a class representative. You will be informed when the elections for class representative will take place.

## What will it involve?

It will involve speaking to your fellow students about the course you represent. This can include any comments that they may have. You will attend a Staff-Student Liaison Committee and you should represent the views and concerns of the students within this meeting. As a representative, you will also be able to contribute to the agenda. You will then feedback to the students after this meeting with any actions that are being taken.

#### Training

Training for class representatives will be run by the Students Association. Training will take place within each half-session. For more information about the Class representative system visit www.ausa.org.uk or email the VP Education & Employability vped@abdn.ac.uk . Class representatives are also eligible to undertake the STAR (Students Taking Active Roles) Award with further information about this co-curricular award being available at: www.abdn.ac.uk/careers.

## **Problems with Coursework**

If students have difficulties with any part of the course that they cannot cope with alone they should notify the course coordinator immediately. If the problem relates to the subject matter, general advice would be to contact the member of staff who is teaching that part of the course. Students with registered disabilities should contact the medical sciences office, (medsci@abdn.ac.uk) (based in the Polwarth Building, Foresterhill) to ensure that the appropriate facilities have been made available. Otherwise, you are strongly encouraged to contact any of the following as you see appropriate:

- Course student representatives
- Course co-ordinator
- Convenor of the Medical Sciences Staff/Student Liaison Committee (Professor Gordon McEwan)
- Personal Tutor
- Medical Sciences Disabilities Co-ordinator (Dr Derryck Shewan)

All staff are based at Foresterhill and we strongly encourage the use of email or telephone the Medical Sciences Office. You may have a wasted journey travelling to Foresterhill only to find staff unavailable.

If a course has been completed and students are no longer on campus (i.e. work from second half session during the summer vacation), coursework will be kept until the end of Fresher's Week, during the new academic year. After that point, unclaimed student work will be securely destroyed.

# Submission of Coursework

All students should submit coursework as directed in the assignment, usually online via MyAberdeen or to the Lt Kuracloud system.

# **Course Reading List**

Suggested textbooks:

- Rang, H.P., Dale, M., Ritter, J.M. & Moore P. (2011) Pharmacology. 7th Edition, Churchill Livingstone, Edinburgh.
- Bear, M.F., Connors, B.W., Paradiso M. (2015) Neuroscience: Exploring the Brain. 4th Edition. Lippincott Williams and Wilkins, Baltimore.

A first Introduction to neuroscience: http://www.brainfacts.org/

In depth literature:

• Siegel, G.J., Albers, R.W., Brady, S., Price, D.R. (2005) Basic Neurochemistry: Molecular, Cellular and Medical Aspects. 7th Edition, Academic Press Inc. (London) Ltd, London

Individual lecturers will provide references for further reading on specific topics.

Also see the Leganto reading list on MyAberdeen.

# **Lecture Synopsis**

# Lecture 1. Introduction to course and Brain-computer technologies I- Dr Ann Rajnicek

Key information about the course: Course aims, organisation, assessments, and overview of topics to be covered.

## Lecture 2. Brain-computer technologies II – Dr Ann Rajnicek

Implanted devices can overcome consequences of nervous system injury or disease states, and some even hope to boost performance of the healthy brain. Using specific examples this lecture will consider the scientific basis of recent and emerging advances, their limitations, and the ethics of these rapidly emerging technologies.

## Lecture 3. Patch-clamp and potassium channels- Dr Iain Rowe

The use of the patch clamp technique in revealing the physiological regulation of potassium channels by intracellular calcium and ATP in neuronal and neuroendocrine cells and their pharmacological modification.

## Lecture 4. Potassium channels and post-translational modification - Dr Iain Rowe

Neuronal potassium channel structure and function will be discussed in relation to the impact of splice variant expression and channel modification by phosphorylation and palmitoylation.

## Lecture 5. Central Motor Pathways – Prof Simon Parson

The lecture will provide an overview of the motor pathways in the central nervous system from brain to spinal cord, including motor nuclei and descending tracts.

## Lecture 6. Parkinson's disease – Prof Derek Scott

Parkinson's disease is a common neurodegenerative disease characterized by disabling motor abnormalities, such as tremor, muscle stiffness, paucity of voluntary movements, and postural instability. Occurrence and characterisation of symptoms, possible causes of Parkinson's disease, treatment.

## Lecture 7. Peripheral Motor Pathways and Motor Neurone Diseases - Prof S. Parson

The lecture will provide an overview of peripheral motor pathways from spinal cord to the neuromuscular junction. Motor Neurone Diseases. Aspects of Amyotrophic Lateral Sclerosis, Spinal Muscular Atrophy and Peripheral Muscular Atrophy will be discussed.

## Lecture 8. Activity, Genes and Plasticity: Long-term potentiation: Induction - Dr Derek Garden

The "big idea" is that you learn and remember things by increasing the strength of specific synapses in the brain. Long-term potentiation (LTP) is one form of use-dependent synaptic plasticity that has received particular attention as a possible neuronal basis for learning and memory. This lecture will build on your understanding of the properties of glutamate and GABA receptors to explain the experimental evidence, which informs our understanding of the critical events that are required to trigger the formation of LTP.

# Lecture 9. Activity, Genes and Plasticity: Long-term potentiation: Maintenance - Dr Derek Garden

The critical event during induction of LTP turns out to be the brief entry of Ca<sup>2+</sup> through NMDA receptor gated channels in the postsynaptic membrane. This lecture will address what downstream mechanisms that Ca<sup>2+</sup> transient might initiate that actually make the synapse stronger. We will address what intracellular signalling pathways the Ca<sup>2+</sup> transient might affect, whether these pathways cause presynaptic or postsynaptic changes, and review in more detail the evidence that Camkinase II is involved in the maintenance of LTP.

# Lecture 10. Huntington's disease – Prof Derek Scott

Huntington's disease is a hereditary disorder characterized by involuntary muscle movements. Symptoms, diagnosis, and treatment options.

# Lecture 11. Stroke - Dr. M. MacLeod

An overview of the burden of stroke on society, the pathophysiology and how it relates to neuroanatomy, and treatments.

**Live Online Discussion Sessions with clinician/patient:** Discussions from the clinician's and the patient's perspectives to enhance and reinforce lecture content.

## Stroke- Dr M J MacLeod

## Lecture 12. The hypothalamus- Dr. A Gonzalez Sanchez

The hypothalamus provides central control of autonomic and endocrine functions together with a range of unconscious urges such as sleep and hunger. This lecture will offer an overview of the hypothalamus and will then focus on those aspects of it that regulate food intake and metabolism.

## Lecture 13. Alzheimer's disease Prof. B. Platt

Types of dementia and demography, symptoms & diagnosis, causes (genetics vs lifestyle factors, amyloid vs tau, the role of ageing), current treatments.

## Lecture 14. Enteric Nervous System I - Prof D. Scott

The enteric nervous system (ENS) is a separate nervous system embedded within the wall of the gut. It is highly specialised and is often termed as the body's "second brain". We will review the major elements of the ENS, studying the physiological processes that it regulates, what neurotransmitters and receptors are involved, and how we target these components therapeutically. We will end by considering different disorders where the ENS does not function appropriately.

## Lecture 15. Enteric Nervous System II - Prof D. Scott

Following on from the previous lecture, this session will consider recent advances in ENS research. Can the ENS influence mood or respond to it? Are there "mental illnesses" of the gut? Why do some drugs used to treat CNS disorders affect the ENS? Does the ENS have a larger role than first thought in various gut disorders? These are questions we will address during this class.

# Practical/Tutorials/Case Study Work

**Practical work** (15% of the final course mark). The practical will be delivered in person using the Lab Tutor (Lt) system and consists of material related to reflexes and neuron circuitry.

**Tutorial Session**- delivered in person (see timetable). The tutorial aims to improve critical analysis and problem-solving skills relevant to the Case Study and Practical assignments and to support lecture content.

The tutorial session will focus on fundamental principles of neuroscience, neuroanatomy and neurophysiology. We will apply some of the concepts that many of you studied previously in BM3502 and use them to solve examples of clinical or experimental problems. You will hopefully realise that many of the principles of neurotransmission, receptors and targets can be applied to a multitude of nervous system problems. The questions will be made available to you in advance of the tutorial. All students will be expected to contribute to the discussion.

**The case study** (15% of the final course mark) will focus on Parkinson's Disease and various drugs that affect wider neurological/nervous function. We will explore whether people's health problems are always due to anatomical/physiological malfunctions, or whether drugs/treatments may also cause problems. The case study will also help you understand that there are many subtypes of receptors in different body locations. How we target them and avoid inappropriate drug effects is also of relevance in this case. The case will be delivered via the Lt system. Extra reading/research will be required.

# **University Policies**

Students are asked to make themselves familiar with the information on key education policies, available here. These policies are relevant to all students and will be useful to you throughout your studies. They contain important information and address issues such as what to do if you are absent, how to raise an appeal or a complaint and how the University will calculate your degree outcome.

These University wide education policies should be read in conjunction with this programme and/or course handbook, in which School specific policies are detailed. These policies are effective immediately, for the 2022/23 academic year. Further information can be found on the University's Infohub webpage or by visiting the Infohub.

The information included in the institutional area for 2022-23 includes the following:

- Assessment
- Feedback
- Academic Integrity
- Absence

- Student Monitoring/ Class Certificates
- Late Submission of Work
- Student Discipline
- The co-curriculum
- Student Learning Service (SLS)
- Professional and Academic Development
- Graduate Attributes
- Email Use
- MyAberdeen
- Appeals and Complaints

# Where to Find the Following Information:

**C6/C7**- University of Aberdeen Homepage > Students > Academic Life > Monitoring and Progress > Student Monitoriung (C6 & C7)

https://www.abdn.ac.uk/students/academic-life/student-monitoring.php#panel5179

**Absences-** To report absences you should use the absence reporting system tool on Student Hub. Once you have successfully completed and sent the absence form you will get an email that your absence request has been accepted. The link below can be used to log onto the Student Hub Website and from there you can record any absences you may have.

Log In - Student Hub (ahttps://www.abdn.ac.uk/studenthub/loginbdn.ac.uk)

**Submitting an Appeal**- University of Aberdeen Homepage > Students > Academic Life > Appeals and Complaints

https://www.abdn.ac.uk/students/academic-life/appeals-complaints-3380.php#panel2109

# Academic Language & Skills support

For students whose first language is not English, the Language Centre offers support with Academic Writing and Communication Skills.

## **Academic Writing**

- Responding to a writing task: Focusing on the question
- Organising your writing: within & between paragraphs
- Using sources to support your writing (including writing in your own words, and citing & referencing conventions)

- Using academic language
- Critical Thinking
- Proofreading & Editing

# Academic Communication Skills

- Developing skills for effective communication in an academic context
- Promoting critical thinking and evaluation
- Giving opportunities to develop confidence in communicating in English
- Developing interactive competence: contributing and responding to seminar discussions
- Useful vocabulary and expressions for taking part in discussions

More information and how to book a place can be found here

# Medical Sciences Common Grading Scale

| Grade | Grade Point | % Mark | Category     | Honours Class           | Description   |  |  |
|-------|-------------|--------|--------------|-------------------------|---|--|--|
|       |             |        |              |                         |   |  |  |
| A1    | 22          | 90-100 |              | First                   | <ul> <li>Outstanding ability and critical thought</li> <li>Evidence of extensive reading</li> <li>Superior understanding</li> </ul> |  |  |
| A2    | 21          | 85-89  |              |                         |   |  |  |
| ۸۵    | 20          | 00.04  | Excellent    |                         |   |  |  |
| AS    | 20          | 80-84  |              |                         | •The best performance that can be   |  |  |
| A4    | 19          | 75-79  |              |                         | expected from a student at this level   |  |  |
| A5    | 18          | 70-74  |              |                         |   |  |  |
|       |             |        |              |                         | Able to argue logically and organise  |  |  |
| B1    | 17          | 67-69  |              | Upper Second            | answers well  |  |  |
| B2    | 16          | 64-66  | Vory Cood    |                         | Shows a thorough grasp of concepts     Cood use of examples to illustrate   |  |  |
|       |             |        | very Good    |                         | <ul> <li>Good use of examples to indistrate</li> <li>points and justify arguments</li> </ul>  |  |  |
|       |             |        |              |                         | Evidence of reading and wide  |  |  |
| B3    | 15          | 60-63  |              |                         | appreciation of subject   |  |  |
| 61    | 1.4         | 57.50  |              | Lower Second            | Repetition of lecture notes without   |  |  |
| CI    | 14          | 57-59  | Good         |                         | evidence of further appreciation of   |  |  |
| C2    | 13          | 54-56  |              |                         | subject   |  |  |
|       |             |        |              |                         | Lacking illustrative examples and     originality   |  |  |
| C3    | 12          | 50-53  |              |                         | Basic level of understanding  |  |  |
| 50    |             | 47.40  |              |                         | Limited ability to argue logically and  |  |  |
| D1    | 11          | 47-49  |              | Third                   | organise answers  |  |  |
| D2    | 10          | 44-46  | Pass         |                         | Failure to develop or illustrate points   |  |  |
|       |             |        |              |                         | • The minimum level of performance  |  |  |
| D3    | 0           | 40-43  |              |                         | required for a student to be awarded a  |  |  |
| 05    | 5           | 40-43  |              |                         | Weak presentation   |  |  |
| E1    | 8           | 37-39  |              | Fail                    | Tendency to irrelevance   |  |  |
| E2    | 7           | 34-36  | Fail         |                         | Some attempt at an answer but   |  |  |
|       |             |        |              |                         | seriously lacking in content and/or ability   |  |  |
| E3    | 6           | 30-33  |              |                         | to organise thoughts  |  |  |
| F1    | 5           | 26-29  |              | Not used for<br>Honours | Contains major errors or  |  |  |
| F2    | 4           | 21-25  | Clear Fail   |                         | misconceptions  |  |  |
| 52    | ~           | 46.00  | •            |                         | Poor presentation   |  |  |
| F3    | 3           | 16-20  |              |                         |   |  |  |
| G1    | 2           | 11-15  |              |                         |   |  |  |
| 62    | 1           | 1-10   | Clear        |                         | • Token or no submission  |  |  |
| 02    |             |        | Fail/Abysmal |                         |   |  |  |
| G3    | 0           | 0      |              |                         |   |  |  |

# BM3804 Course Timetable: 2023-2024

| Date                   | Time        | Venue   | Subject  | Session   | Staff  |  |  |  |
|------------------------|-------------|---|--|-----------|--------|--|--|--|
|                        |             |   | Week 31  |           |        |  |  |  |
| Mon 26 Feb             | 09:00-10:00 | Suttie LT                                       | Lecture 1- Introduction to course and<br>Brain Computer technologies I | Lecture   | AMR    |  |  |  |
|                        | 10:00-11:00 | Suttie LT                                       | Tutorial   | Tutorial  | DS     |  |  |  |
| Tue 27 Feb             |             |   |  |           |        |  |  |  |
| Wed 28 Feb             | 11:00-12:00 | Suttie LT Lecture 2 Brain-computer technologies |  | Lecture   | AMR    |  |  |  |
| Thu 29 Feb             |             |   |  |           |        |  |  |  |
| Fri 1 Mar              | 09:00-10:00 | Suttie LT                                       | Lecture 3- Patch clamp and potassium channels                          | Lecture   | IR     |  |  |  |
|                        |             |   | Week 32  |           |        |  |  |  |
| Mon 4 Mar              | 09:00-10:00 | Suttie LT                                       | Lecture 4-Potassium channels and post-translational modification       | Lecture   | IR     |  |  |  |
| Tue 5 Mar              |             |   |  |           |        |  |  |  |
| Wed 6 Mar              | 11:00-12:00 | Suttie LT                                       | Lecture 5-Central Motor Pathways                                       | Lecture   | SP     |  |  |  |
| Thu 7 Mar              |             |   |  |           |        |  |  |  |
| Fri 8 Mar              | 11:00-12:00 | Suttie LT                                       | Lecture 6-Parkinson's disease  | Lecture   | DS     |  |  |  |
|                        |             |   | Week 33  |           |        |  |  |  |
| Mon 11 Mar             | 09:00-10:00 | Suttie LT                                       | Lecture 7-Peripheral Motor Pathways<br>and Motor Neuron Diseases       | Lecture   | SP     |  |  |  |
|                        | 10:00-11:00 | Suttie LT                                       | Lecture 8- Huntington's disease  | Lecture   | DS     |  |  |  |
| Tue 12 Mar             |             |   |  |           |        |  |  |  |
| Wed 13 Mar             |             |   |  |           |        |  |  |  |
| Thu 14 Mar             | 10:00-13:00 | STH 0.004 and 0.001                             | Lab Group 1  | Practical | DS/AMR |  |  |  |
|                        | 14:00-17:00 | STH 0.004 and 0.001                             | Lab Group 2  | Practical | DS/AMR |  |  |  |
| Fri 15 Mar             | 11:00-12:00 | Suttie LT                                       | Lecture 9-Long-term potentiation<br>(LTP): induction Lecture           | Lecture   | DG     |  |  |  |
|                        |             |   | Week 34  |           |        |  |  |  |
| Mon 18 Mar 09:00-10:00 |             | Suttie LT                                       | Lecture 10-Long-term potentiation (LTP): maintenance                   | Lecture   | DG     |  |  |  |
| Tue 19 Mar             |             |   |  |           |        |  |  |  |
| Wed 20 Mar             | 11:00-12:00 | Suttie LT                                       | Lecture 11-Stroke  | Lecture   | ММ     |  |  |  |
| Thu 21 Mar             |             |   |  |           |        |  |  |  |
| Fri 22 Mar             | 9:00-10:00  | Online  | Patient/clinician Discussion- Stroke                                   | Lecture   | ММ     |  |  |  |
|                        | 11:00-12:00 | Suttie LT                                       | Lecture 12-Hypothalamus  | Lecture   | AGS    |  |  |  |
| Week 35                |             |   |  |           |        |  |  |  |
| Mon 25 Mar             | 09:00-10:00 | Suttie LT                                       | Lecture 13-Alzheimer's disease   | Lecture   | BP     |  |  |  |
|                        | 10:00-11:00 | Suttie LT                                       | Lecture 14-Enteric Nervous System I                                    | Lecture   | DS     |  |  |  |
| Tue 26 Mar             |             |   |  |           |        |  |  |  |
| Wed 27 Mar             |             |   |  |           |        |  |  |  |

| Thu 28 Mar |                             |              |                                      |            |    |
|------------|-----------------------------|--------------|--------------------------------------|------------|----|
| Fri 29 mar | Fri 29 mar 11:00-12:00 NK10 |              | Lecture 15-Enteric Nervous System II | Lecture    | DS |
|            | 17:00                       | Lt KuraCloud | Deadline <mark>: Case Study</mark>   | Assessment | DS |

#### Staff

- Dr Derek Garden, (DG), Biomedical Sciences, derek.garden@abdn.ac.uk
- Prof Martin Collinson (MC), Biomedical Sciences, m.collinson@abdn.ac.uk
- Prof Bettina Platt (BP), Biomedical Sciences, b.platt@abdn.ac.uk
- Dr Derek Scott (DS), Biomedical Sciences, d.scott@abdn.ac.uk
- Prof Simon Parson (SP), Biomedical Science, simon.parson@abdn.ac.uk
- Dr Mary Joan MacLeod (MM), Biomedical Sciences, m.j.macleod@abdn.ac.uk
- Dr Ann M Rajnicek (AMR), Biomedical Sciences, a.m.rajnicek@abdn.ac.uk
- Dr Antonio Gonzalez Sanchez (AGS), Biomedical Sciencesantonio.gonzalez@abdn.ac.uk
- Dr Iain Rowe (IR), **Biomedical Sciences iain.rowe@abdn.ac.uk**

#### Venues

- NK10: New King's, Old Aberdeen
- Suttie LT: Lecture theatre 012, Suttie Centre, Foresterhill
- STH: Science Teaching Hub, Old Aberdeen, ground floor rooms 0.001 and 0.004

# **Campus Maps - Foresterhill**



# **Polwarth Floor Plans**

**POLWARTH BUILDING** First floor





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ABERDEEN