

# caféMED

WINTER - SPRING 2016

## A new season of informal discussions bringing together the public with leading figures in medicine and biosciences.

All events are held on Mondays from 6pm to 8pm in the Suttie Centre Café, Foresterhill Health Campus and are **FREE** to the public.

**JAN**

Mon 18th

No smoke without e-cigarettes

**Dr Heather Morgan (Research Fellow) and Dr Steve Turner (Senior Clinical Lecturer)**

The e-cigarette revolution seems to have attracted many smokers away from tobacco. But are they safer and do they help people quit 'smoking'? Join us to discuss the evidence we have so far about the pros and cons of 'vaping'.

**FEB**

Mon 22nd

Save your bacon

**Professor Graeme Murray (Professor of Pathology and Consultant Pathologist) and Dr Silvia Gratz (Research Fellow)**

The recent WHO classification of processed meats as Group 1 carcinogens has created many newspaper headlines about the risk of eating bacon. We'll examine what we know about how the body processes meat and the link with cancer development.

**MAR**

Mon 14th

Excellent research drives excellent care: Huntington's Disease

**Professor Zosia Miedzybrodzka (North of Scotland Huntington's disease service) Dr Karen Keenan (Research Fellow) and Ms Daniela Rae (Research Fellow)**

Aberdeen is an international leader in care and research for Huntington's disease, an incurable brain disease which passes from parent to child. Join research figures and representatives from the Scottish Huntington's Association, for a discussion on the latest trials of new medicines, and to find out how research in Aberdeen is working to improve the future for families around the world.

**APR**

Mon 25th

A bright grey future?

**Professor Phylo Myint, Chair in Old Age Medicine (Clinical) and Dr Roy Soiza (Consultant Geriatrician & Honorary Clinical Senior Lecturer)**

Population ageing poses significant challenges to health services and society as a whole, but is also a sign of success and improved health and survival. We discuss how medical research and clinical services are handling the challenges of ever increasing human longevity.

**MAY**

Mon 23rd

Tackling infections in cystic fibrosis

**Professor Adilia Warris (Aberdeen Fungal Group), Professor Graham Devereux (Clinical Consultant), Dr Deborah O'Neil (Novabiotics Ltd, Aberdeen)**

Over 2.5 million people in the UK carry the gene that causes cystic fibrosis. At the moment the disease is incurable but huge advances have, and are being made. Join this discussion into current treatments and what the future may hold.

**This event will be live streamed at:  
[www.abdn.ac.uk/engage/cafemed](http://www.abdn.ac.uk/engage/cafemed)  
Join the discussion on Twitter: #cafeCF**

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## Free discussion events in an informal café setting.

### Welcome...

to our seventh season of café MED events where we invite our top researchers and clinicians to discuss how current research is being translated into improved treatments and care.

#### **Professor Phil Hannaford**

*Vice-Principal and Head of College of Life Sciences and Medicine, University of Aberdeen*



### Where and When



Foresterhill Health Campus showing **Suttie Centre** for Teaching & Learning in Healthcare.

Public parking is allowed in the PARKING areas shown after 5pm. The barriers will be raised between 5 – 8.30 pm to allow access. Please note the changes to the pedestrian access routes due to building works at Foresterhill.

Presentations last about half-an-hour and are followed by an interval allowing informal chat and the opportunity to purchase drinks or snacks. An audience discussion will follow.

Café MED is an initiative of the Public Engagement with Research Unit at the University of Aberdeen.

[www.engagingaberdeen.co.uk](http://www.engagingaberdeen.co.uk)